

## 2003 FINA SWIMMING WORLD CUP, PARIS - GB PERFORMANCE STATISTICS

Surname	Forename	Sex	YOB	Venue	Event	Entry	Heat	Final	Position
Baker	Zoe	F	76	Paris	100 Breaststroke	1:08.63	1:11.81	1:08.77	3
Baker	Zoe	F	76	Paris	50 Breaststroke	0:30.31	0:31.78	0:30.66	1
Cook	Chris	M	79	Paris	50 Breaststroke	0:28.68	0:28.70		10
Cook	Chris	M	79	Paris	200 Breaststroke	2:12.48	2:16.02		11
Cook	Chris	M	79	Paris	100 Breaststroke	1:00.97	1:01.14	1:00.44	4
Edmond	Ian	M	78	Paris	200 Breaststroke	2:08.03	2:13.04	2:10.94	3
Edmond	Ian	M	78	Paris	100 Breaststroke	1:00.91	1:01.89		10
Edmond	Ian	M	78	Paris	50 Breaststroke	0:28.40	0:28.94		14
Foster	Mark	M	70	Paris	50 Butterfly	0:22.87	0:24.24	0:23.52	1
Foster	Mark	M	70	Paris	50 Freestyle	0:21.13	0:22.11	0:21.47	1
Gibson	James	M	80	Paris	50 Breaststroke	0:26.98	0:27.43	0:27.60	4
Gibson	James	M	80	Paris	200 Breaststroke	2:16.57	DQ		DQ
Gibson	James	M	80	Paris	100 Breaststroke	0:59.02	1:00.47	0:59.73	3
Hickman	James	M	76	Paris	200 Butterfly	1:52.93	1:58.67	1:53.03	1
Hickman	James	M	76	Paris	50 Butterfly	0:23.91	0:24.93		16
Hickman	James	M	76	Paris	100 Butterfly	0:51.27	0:52.33	0:51.85	2
Hickman	James	M	76	Paris	200 IM	1:57.17	2:00.27	1:57.32	1
Legg	Karen	F	78	Paris	200 Freestyle	1:57.49	1:59.44	1:59.01	7
Legg	Karen	F	78	Paris	50 Freestyle	0:27.05	0:26.17		19
Legg	Karen	F	78	Paris	100 Freestyle	0:55.06	0:56.17		11
Marshall	Melanie	F	82	Paris	200 Freestyle	1:58.39	1:59.36	1:59.00	6
Marshall	Melanie	F	82	Paris	50 Freestyle	0:25.79	0:26.27		21
Marshall	Melanie	F	82	Paris	100 Freestyle	0:55.05	0:55.90	Nil	9
Mew	Darren	M	79	Paris	50 Breaststroke	0:26.85	0:28.36	0:28.11	6
Mew	Darren	M	79	Paris	200 Breaststroke	2:14.16	2:21.86	Nil	24
Mew	Darren	M	79	Paris	100 Breaststroke	0:59.38	1:01.43	1:01.34	7
Pickering	Karen	F	71	Paris	200 Freestyle	1:57.39	2:00.95	1:59.29	8
Pickering	Karen	F	71	Paris	50 Freestyle	0:25.44	0:26.11	Nil	16
Pickering	Karen	F	71	Paris	100 Freestyle	0:54.93	0:56.90	Nil	20
Price	Sarah	F	79	Paris	200 Backstroke	2:04.59	2:07.97	2:05.32	1
Price	Sarah	F	79	Paris	100 Backstroke	0:58.77	1:00.83	0:59.39	1
Price	Sarah	F	79	Paris	400 Freestyle	4:18.71	4:12.93	4:15.92	8
Sheppard	Alison	F	72	Paris	50 Backstroke	0:29.01	0:29.18	Nil	11
Sheppard	Alison	F	72	Paris	50 Freestyle	0:24.20	0:24.38	0:24.23	1
Sheppard	Alison	F	72	Paris	50 Breaststroke	0:32.28	0:31.47	0:31.42	2
Sheppard	Alison	F	72	Paris	100 IM	1:00.88	1:02.39	1:01.17	3

**2003 EUROPE WORLD CUP TOUR - GB PERFORMANCES  
HEATS AND FINALS PROGRESSIONS**

Swimmer's Name	Event	SC PB
Alison Sheppard	50 FS	00:24.20
Alison Sheppard	50 BK	00:29.01
Alison Sheppard	50 BR	00:32.28
Alison Sheppard	100 IM	01:00.88
Alison Sheppard	100 FS	00:53.91
Chris Cook	50 BR	00:28.12
Chris Cook	200 BR	02:13.65
Chris Cook	100 BR	01:00.50
Darren Mew	50 BR	00:26.85
Darren Mew	200 BR	02:14.16
Darren Mew	100 BR	00:59.38
Ian Edmond	200 BR	02:08.03
Ian Edmond	50BR	00:28.40
Ian Edmond	100 BR	01:00.91
James Gibson	50 BR	00:26.98
James Gibson	200 BR	02:16.57
James Gibson	100 BR	00:59.02
James Hickman	200 FLY	01:51.76
James Hickman	50 FLY	00:23.91
James Hickman	200 IM	01:55.80
James Hickman	100 FLY	00:51.02
Karen Legg	200 FS	01:56.49
Karen Legg	50 FS	00:26.10
Karen Legg	100 FS	00:54.40
Karen Pickering	200 FS	01:56.08
Karen Pickering	50 FS	00:25.44
Karen Pickering	100 FS	00:54.93
Mark Foster	50 FLY	00:22.87
Mark Foster	50 FS	00:21.13
Melanie Marshall	200 FS	01:58.39
Melanie Marshall	50 FS	00:25.79
Melanie Marshall	100 FS	00:55.05
Sarah Price	200 BK	02:04.44
Sarah Price	50 BK	00:28.08
Sarah Price	100 BK	00:58.77
Sarah Price	400 FS	04:14.14
Zoe Baker	100 BR	01:08.63
Zoe Baker	50 BR	00:30.31

HEATS - PROGRESSION		
Paris	Stockholm	Berlin
00:24.38	00:24.67	00:24.30
00:29.18	00:29.46	
<b>00:31.47</b>		
01:02.39		
	00:54.57	
00:28.70	00:28.10	00:27.88
02:16.02	02:13.60	02:12.91
01:01.14	<b>01:00.09</b>	00:59.77
00:28.36	00:28.38	00:27.54
02:21.75	02:16.62	02:15.47
01:01.43	01:00.69	1.00.86
02:13.04	02:11.03	02:12.47
00:28.94		<b>00:28.17</b>
01:01.89	01:01.37	<b>01:00.54</b>
00:27.43	00:27.77	00:27.36
DISQ	<b>02:13.35</b>	02:12.41
01:00.47	00:59.89	01:00.36
01:58.67	01:58.72	01:56.47
00:24.93		
02:00.27	02:02.29	02:00.47
00:52.33	00:53.24	00:52.83
02:00.05	01:59.37	01:58.75
00:26.17		<b>00:25.99</b>
00:56.17	00:56.05	00:54.94
01:59.44	02:00.72	02:01.40
00:26.11	00:26.33	00:26.28
00:56.90	00:56.91	00:58.29
00:24.24	00:23.73	00:24.01
00:22.11	00:22.32	00:21.89
01:59.36	01:58.81	<b>01:57.52</b>
00:26.27	<b>00:25.71</b>	<b>00:25.56</b>
00:55.90	00:55.14	<b>00:54.13</b>
02:07.97	02:07.53	02:05.94
		00:28.39
01:00.83	01:00.01	00:59.34
<b>04:12.93</b>		
01:11.81	01:10.61	
00:31.78	00:31.02	00:31.33

FINALS - PROGRESSION		
Paris	Stockholm	Berlin
00:24.23	00:24.43	<b>00:24.06</b>
<b>00:31.42</b>		
01:01.2		
	00:54.13	
	00:27.62	00:27.60
<b>01:00.44</b>	<b>00:58.91</b>	00:59.27
00:28.11		00:27.49
01:01.34	01:00.32	
02:10.94	02:09.90	
		<b>01:00.25</b>
00:27.60	00:27.55	00:27.17
	<b>02:11.59</b>	02:11.91
00:59.73	00:59.38	00:59.14
01:53.03	01:53.66	01:53.33
01:57.32	01:57.64	01:56.73
00:51.85	00:51.86	00:51.71
01:59.01	01:59.94	01:57.51
		00:54.87
01:59.29		
00:23.52	00:23.14	00:23.09
00:21.5	00:21.40	00:21.28
01:59.00	<b>01:58.37</b>	<b>01:56.43</b>
	00:55.17	00:54.22
02:05.32	02:04.67	02:04.50
		00:28.14
00:59.39	00:59.02	00:59.08
04:15.92		
01:08.77	01:09.02	
00:30.66	00:30.75	00:30.73

**TOTALS**

SUMMARY	PARIS	STOCKHOLM	BERLIN	Totals
Gold	8	5	8	21
Silver	2	5	1	8
Bronze	4	1	3	8
2% Heat or better	12	12	17	41
1% Finals or better	8	10	16	34
Overall PB's	4	6	9	19
No. of Heat swims	36	32	31	99
No. of Final swims	22	21	21	64
Total swims	58	53	52	163

Based on lifetime best on day one of tour

Based on lifetime best on day one of tour

**2003 EUROPE WORLD CUP TOUR - TIME TRIALS  
POST TOUR CAMP - LOUGHBOROUGH - 27 JANUARY**

**Long Course Time Trial (unbroken) - Electronic Timing**

	Event	LCPB	3% Target	Time Swum	Splits		
Ian Edmond	200 BR	02:12.7	2.16.6	<b>2.14.28</b>	30.7	1.04.73	1.39.16
James Gibson	100 BR	1.00.6	1.02.4	<b>1.02.02</b>	30.54		
Chris Cook	100 BR	1.02.18	1.04.0	<b>1.02.05</b>	29.51		
Mark Foster	50 FS	22.13	22.79	<b>22.41</b>			
Darren Mew	100 BR	1.01.1	1.02.9	<b>1.03.49</b>	29.63		
Melanie Marshall	200 FS	2.00.8	2.03.6	<b>1.59.72</b>	28.24	58.78	1.29.48
Karen Legg	200 FS	1.59.8	2.03.5	<b>2.00.50</b>	28.34	58.93	1.29.95
Sarah Price	200 BK	2.10.5	2.14.6	<b>2.13.86</b>	30.82	1.04.48	1.39.08
Zoe Baker	100 BR	1.11.4	1.13.6	<b>1.11.64</b>	33.57		

**Long Course Time Trial (broken swim).**

		Target	Actual
<b>Ian Edmond</b>	200 BR	30.20	31.70
		33.30	33.60
		33.80	32.90
		34.00	32.30
		2.11.30	2.11.50
<b>Chris Cook</b>	100 BR	28.70	28.90
		32.30	32.67
		1.01.00	1.01.57
<b>Darren Mew</b>	100 BR	28.50	
		31.80	
		1.00.40	
<b>Karen Legg</b>	200 FS	27.30	27.17
		30.30	28.92
		30.40	28.88
		30.30	28.02
		1.58.30	1.52.99
<b>Melanie Marshal</b>	200 FS	28.90	28.79
		30.00	29.73
		29.70	29.42
		29.30	28.70
		1.57.90	1.56.64
<b>Sarah Price</b>	200 BK	30.50	29.94
		31.70	30.97
		31.70	31.26
		31.70	30.99
		2.05.60	2.03.16