

**Great Britain Junior Men W/P
Training Camp
Barcelona, Spain
4th to 8th April 2005**

H.Cartwright (manager), N.Leighton (coach)

Athletes as coaches report

Date final team names confirmed with office (office use only):	15 March 2005
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ASSEMBLY						Office Response
Flights	Excellent	Good	Satisfactory	Fair	Poor	
Airline/s used:	mytravelite					
Airport/s used:	Birmingham					
Comments (if any - please keep brief):	Both flights on time. Good value.					

KIT & DISTRIBUTION						Office Response
	Excellent	Good	Satisfactory	Fair	Poor	
Comments (if any - please keep brief):	None available					

ACCOMMODATION						Office Response Hostel sourced by Team Manager.
Rooms	Excellent	Good	Satisfactory	Fair	Poor	
Location (from pool and other facilities)	Excellent	Good	Satisfactory	Fair	Poor	
Meals/Food	Excellent	Good	Satisfactory	Fair	Poor	
General Service	Excellent	Good	Satisfactory	Fair	Poor	
Accommodation name, address and contact numbers:	Center Ramblas Youth Hostel, c/hospital 63, Barcelona 08001, Spain. Tel: +34 934124069. Fax: +34 933171704					
Comments (if any - please keep brief):	Hostel very adequate for our needs but basic. Breakfast poor (only meal available) Good location with shops & restaurants close by. All pools accessed by public transport. None in walking distance.					

TRAINING VENUE						Office Response Training arranged by Head Coach with Spanish direct.
Location (from hotel and other facilities)	Excellent	Good	Satisfactory	Fair	Poor	
Facilities	Excellent	Good	Satisfactory	Fair	Poor	
Access	Excellent	Good	Satisfactory	Fair	Poor	
Comments (if any - please keep brief):	Venue name, address and contact numbers: Residencia Blume Small pool & some distance by bus from the hostel. However, very good opposition & balanced lunch available at low cost.					

ADMINISTRATION						Office Response Hope that reference to communication with office actually refers to Spanish office and not GB as felt all was done by this office as asked by TM promptly and efficiently.
Communication with office	Excellent	Good	Satisfactory	Fair	Poor	
Information from Organisers	Excellent	Good	Satisfactory	Fair	Poor	
Comments (if any - please keep brief):	Team staff needs to push more for a programme in advance from Spanish contacts. All a bit ad hoc when we got there.					

COSTINGS (For use by Water Polo Team Managers controlling own budgets only)
Flights £1482;Accomm £809;float £1195 ;assembly £454. Total £3940



Water Polo Coaches Report
Barcelona, Spain
4th – 8th April 2005

A squad of fourteen players was selected from twenty nine who had been attending regular training camps in Manchester. The majority of players comprised of those who did not attend the camp in Zeist Holland, 14th-19th February.

1	Edward Scott	87	Bolton School & City of Manchester	GK
2	David Armstrong	87	Warrender	GK
3	Robert Rae	87	Bolton School & City of Manchester	
4	Peter Hutchinson	87	Bolton School & City of Manchester	
5	Joel Thomas	87	Cheltenham SWPC	
6	Daniel Laxton	87	Carmarthen, Welsh Wanderers	
7	Chris Gilbertson	87	Sedgefield, Tyldesley, Lancaster	
8	Scott Carpenter	88	Sedgefield, Lancaster	
9	Sean Ryder	87	Hucknall	
10	James Scobie	87	Portobello	
11	Charles Booth	87	Bolton School & City of Manchester	
12	Andrew Howard	87	Birkenhead, City of Manchester	
13	Michael Bourne	87	Solihull, Grantham	
14	Simon Williams	87	Chester	LH

This was our fifth time to Barcelona and to the Catalan School of excellence (Residencia Joaquim Blume) and once again a warm welcome awaited us there and at each of our training venues. The co-operation from our hosts ensured a most excellent week of training, learning new ideas, skills and tactics.

The purpose of the four-day training camp was to:-

- identify preferred positions
- endorse methods of attack and defence
- select a squad of fourteen for a tournament in Poland.

Each morning the players visited the School in Blume. Arriving at 11.00am we were able to use the lecture room, flip chart and video facilities before and after our 2¼ hours in the water, 12.00-2.15pm, sharing with the Catalan School players, coached by the Spanish Junior coaches, Joan Colomer and his assistant Albert Fernandez.

The week was divided into concentrated

- counter defence
- defence, (press and zone)
- counter attack
- attack (breaking down different defences)

The players quickly learned how fast, physical and demanding the Spanish opposition can be. I was very pleased to be able to work alongside the Spanish trainers informing them of the aim of our session a seeking their co-operation and that of their players. Each session was videoed, after lunch we were able to go back into the lecture room and review the morning session. This was excellent feedback for the players.

We had two evening visits this year to the CN Barcelona, one to the Barceloneta and one to the Catalan School. Ivan Perez was training with the CNB, the boys were delighted to have their picture taken with him.



The Barcelona camp very much mirrored the Zeist camp in purpose and content but with a different squad of players. As in previous years the standard of water polo and opposition greatly raised the individuals' level of skill and awareness.

Norman Leighton
Assistant Coach