

Name	Class	Distance	Stroke	PB 2004	%	Target	Actual	%	Final	%	Records
Sarah Bailey	SB9	100	Breast	01:25.38	3.00%	01:27.94	01:32.90	8.09	01:29.75	4.87	
	SM10	200	IM	02:42.65	3.00%	02:47.53	02:50.97	4.87	02:47.61	2.96	
	S10	100	Free	01:04.95	3.00%	01:06.90	01:10.51	7.89	01:09.41	6.43	
Claire Cashmore	S9	50	Free	00:31.29	3.00%	00:32.23	00:32.15	2.67	00:32.09	2.49	
	S9	100	Free	01:10.46	3.00%	01:12.57	01:14.58	5.52	01:13.11	3.62	
Rhianon Henry	SB13	400	Free	04:49.66	3.00%	04:58.35	05:00.97	3.76	04:45.53	-1.45	British
	SM13	400	IM		3.00%	00:00.00	DQ				
	S13	50	Free	00:29.74	3.00%	00:30.63	00:30.12	1.26	00:29.59	-0.51	British
	S13	100	Fly	01:09.21	3.00%	01:11.29	01:09.92	1.02	01:08.71	-0.73	
Liz Johnson	S13	200	Fly		3.00%		02:31.88				World, European, British
	SB6	100	Breast	01:42.98	3.00%	01:46.07	01:44.56	1.51	01:43.34	0.35	
	S6	50	Free	00:42.20	3.00%	00:43.47	00:43.79	3.63	00:43.44	2.85	
	SM6	200	IM	03:28.29	3.00%	03:34.54	DQ				
Natalie Jones	S6	50	Fly	00:45.24	3.00%	00:46.60	00:49.16	7.97	00:46.97	3.68	
	SB6	200	Breast	03:47.73	3.00%	03:54.56	03:42.51	-2.35			World, European, British
	SB6	100	Breast	01:52.22	3.00%	01:55.59	01:57.79	4.73	01:56.07	3.32	
	SM6	200	IM	03:17.39	3.00%	03:23.31	DQ				
Nyree Lewis	S6	50	Fly	00:44.01	3.00%	00:45.33	00:45.71	3.72	00:45.61	3.51	
	SB6	100	Breast	01:50.06	3.00%	01:53.36	01:52.70	2.34	01:53.28	2.84	
	S6	100	Back	01:28.65	3.00%	01:31.31	01:36.83	8.45	01:35.44	7.11	
Jody Cundy	S6	100	Free	01:26.50	3.00%	01:29.10	01:28.72	2.50	01:29.31	3.15	
	S10	400	Free		3.00%	00:00.00	04:57.90	100.00	04:52.27	100.00	
	S10	100	Back	01:06.00	3.00%	01:07.98	01:13.39	10.07	01:13.23	9.87	
	S10	50	Free	00:26.59	3.00%	00:27.39	00:28.40	6.37	00:28.98	8.25	
Gareth Duke	S10	100	Fly	01:00.19	3.00%	01:02.00	01:04.31	6.41	01:02.08	3.04	
	SB6	100	Breast	01:29.93	3.00%	01:32.63	01:37.80	8.05	DQ		
	S6	50	Free	00:35.14	3.00%	00:36.19	00:35.92	2.17	00:36.46	3.62	
	SM6	200	IM	03:12.17	3.00%	03:17.94	03:15.01	1.46	03:07.21	-2.65	
Graham Edmunds	S6	50	Fly	00:38.68	3.00%	00:39.84	00:40.61	4.75	00:38.21	-1.23	
	S6	1500	Free		3.00%	00:00.00	23:44.45	100.00			Established (World European, British)
	S10	100	Back		3.00%	00:00.00	01:15.56	100.00	01:16.77	100.00	
	S10	50	Free	00:26.23	3.00%	00:27.02	00:26.63	1.50	00:26.88	2.42	
Sascha Kindred	S10	100	Free	00:58.08	3.00%	00:59.82	01:02.85	7.59	00:58.68	1.02	
	SB7	100	Breast	01:23.12	3.00%	01:25.61	01:28.80	6.40	01:25.30	2.56	
	SM6	200	IM	02:49.60	3.00%	02:54.69	03:02.75	7.20	02:49.30	-0.18	World, European, British
Andrew Lindsay	S6	50	Fly	00:34.97	3.00%	00:36.02	00:35.17	0.57	00:34.99	0.06	
	S7	400	Free	05:05.83	3.00%	05:15.00	05:17.94	3.81	05:14.45	2.74	
	S7	100	Back	01:15.16	3.00%	01:17.41	01:17.01	2.40	01:17.38	2.87	
	S7	200	Back	02:42.56	3.00%	02:47.44	02:43.38	0.50			
Giles Long	S7	1500	Free	20:57.53	3.00%	21:35.26	20:46.83	-0.86			
	S8	200	Fly		3.00%	00:00.00	02:29.14	100.00			World, European, British
	SM8	200	IM	02:39.56	3.00%	02:44.35	02:45.18	3.40	02:44.95	3.27	
	S8	100	Free	01:05.95	3.00%	01:07.93	01:09.90	5.65	01:10.11	5.93	
David Roberts	S8	100	Fly	01:07.12	3.00%	01:09.13	01:09.90	3.98	01:10.11	4.26	
	S7	400	Free	04:55.96	3.00%	05:04.84	05:26.20	9.27	05:16.03	6.35	
	SM7	200	IM	02:47.03	3.00%	02:52.04	03:13.06	13.48	03:05.85	10.13	
Matthew Walker	S7	100	Free	01:01.65	3.00%	01:03.50	01:08.19	9.59	01:06.47	7.25	
	S7	400	Free	05:22.29	3.00%	05:31.96	05:43.89	6.28	05:21.58	-0.22	
	S7	50	Free	00:28.80	3.00%	00:29.66	00:30.63	5.97	00:29.74	3.16	
	S7	100	Free	01:04.22	3.00%	01:06.15	01:11.19	9.79	01:08.39	6.10	
	S7	50	Fly	00:35.52	3.00%	00:36.59	00:38.50	7.74	00:37.18	4.46	