

**Great Britain Junior Women's Water Polo Team
Prague Cup 2005
Prague, Czech Republic
01 – 03 July 2005
(travel: 30 June – 03 July)**

Team Manager: Louise Betts
Coaches: Sue Langston Sue Webb
Referee: Tad Detko

Athletes	Club	Athletes	Club
1. Rachel Yeomans	Solihull	8. Aine Hoy	City of Manchester
2. Laura Woodfield	Hucknall	9. Claire Gambles	Walsall
3. Fiona McCann	City of Liverpool	10. Alex Rutledge	City of Manchester
4. Julia Mackay	Dumfermaline	11. Sarah Pimblett	City of Manchester
5. Liz Kennedy	Walsall	12. Sam Crawford	Harrogate
6. Steph Holme	City of Liverpool	13. Lindsey Johnston	Harrogate
7. Lisa Gibson	City of Manchester		

Date first & final team names confirmed with office (office use only):	13 May 2005
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ASSEMBLY					
Flights	Excellent	Good	<u>Satisfactory</u>	Fair	Poor
Airline/s used:	BMI Baby				
Airport/s used:	Nottingham East Midlands				
Comments (if any - please keep brief): Excellent staff on outward check-in. 2 Hour delay on return journey					

Office Response

KIT & DISTRIBUTION					
	Excellent	Good	Satisfactory	Fair	<u>Poor</u>
Comments (if any - please keep brief): No competition costumes, no Speedo Water Polo hats, no robes for players to wear when out of water – a problem as we had cool, rainy conditions in an open air pool.					

Office Response

ACCOMMODATION					
Rooms	Excellent	<u>Good</u>	Satisfactory	Fair	Poor
Location (From pool and other facilities)	Excellent	<u>Good</u>	Satisfactory	Fair	Poor
Meals/Food	Excellent	Good	Satisfactory	Fair	<u>Poor</u>
General Service	Excellent	<u>Good</u>	Satisfactory	Fair	Poor
Accommodation name, address and contact numbers: Křesťanský domov mládeže, Francouzská 1, Praha 2					
Comments (if any - please keep brief): Very poor food – basic and poor quality meat and potatoes. No fresh fruit or vegetables, no vegetarian option until second night. No bottled water or drinks to accompany meals.					

Office Response
<i>Only accommodation offered by organisers and is same as previously used by British Waterpolo. Very basic but also very cheap.</i>

COMPETITION VENUE (if appropriate)					
Location (From pool and other facilities)	Excellent	<u>Good</u>	Satisfactory	Fair	Poor
Facilities	Excellent	<u>Good</u>	Satisfactory	Fair	Poor
Access	Excellent	Good	Satisfactory	Fair	Poor
Competition Organisation	Excellent	<u>Good</u>	Satisfactory	Fair	Poor
Doping Control	Yes / <u>No</u>				
Venue name, address and contact numbers: Praha Podolí, Podolská 74, 147 50 Praha 4					
Comments (if any - please keep brief):					

Office Response

ADMINISTRATION					
Communication With office	Excellent	<u>Good</u>	Satisfactory	Fair	Poor
Information from Organisers	Excellent	<u>Good</u>	Satisfactory	Fair	Poor
Comments (if any - please keep brief):					

Office Response

COSTINGS (For use by Water Polo Team Managers controlling own budgets only)

Flights - £2180.56
 Travel Expenses - £203.51
 Accommodation – £1530.00
 Other - £30.00 Water & Fruit

RESULTS

Full set of official results sent to office by team manager (office use only): Yes / No

Coaches Report



Rachel Yeomans	(Captain) GK	Laura Woodfield	(NEW GB JNR CAP)
Fiona McCann	(NEW GB JNR CAP)	Julia Mackay	(NEW GB JNR CAP)
Liz Kennedy	(NEW GB JNR CAP)	Lisa Gibson	(NEW GB JNR CAP)
Claire Gamble	(NEW GB JNR CAP)	Alex Rutlidge	(NEW GB JNR CAP)
Sam Crawford	(NEW GB JNR CAP)	Lindsey Johnston	(NEW GB JNR CAP) GK
Stephanie Holme		Aine Hoy	

This tournament was the first test for the '87 Team since the start of the new two-year cycle in September 2004. We travelled to Prague for some crucial match experience with the thirteen players selected to play in the European Youth Championships.

We arrived in Prague on Thursday 30th June, settled in to the accommodation and then travelled by tram to the pool for a one hour training session.

The tournament pool was an outdoor 30m pitch. The weather during the four days was very mixed with some rain and wind; this caused some concerns regarding the welfare of the team without having robes supplied to keep the substitutes warm.

Match Results & Stats:

1st July:

09.45am Match 1 v Czech Republic: Lost 4-7 (0-3; 0-2; 1-2; 3-0)

Goal scorers: Fiona McCann 3, Aine Hoy 1

XMA: 6 – scored 2 (33%)

XMD: 5 – saved 3 (60%)

16.45am Match 2 v Hungary: Lost 2-8 (1-2; 0-0; 0-2; 1-4)

Goal scorers: Julia Mackay 1, Sam Crawford 1

XMA: 5 – scored 2 (40%)

XMD: 6 – saved 4 (66%)

2nd July:

08.30am Match 3 v Slovakia: Lost 5-6 (0-2; 1-0; 2-1; 2-3)

Goal scorers: Julia Mackay 3, Aine Hoy 2

XMA: 8 – scored 2 (25%)

XMD: 4 – saved 3 (75%)

15.30am Match 4 v France: Won 9-1 (1-0; 2-0; 2-1; 4-0)

Goal scorers: Aine Hoy 5, Sarah Pimblett 2, Fiona McCann 1, Alex Rutlidge 1

XMA: 5 – scored 4 (80%) + 1 Penalty scored

XMD: 3 – saved 3 (100%)

3rd July:

09.00am Match 5 v Germany: Lost 3-6 (0-2; 0-2; 2-1; 1-1)

Goal scorers: Aine Hoy 2, Fiona McCann 1

XMA: 5 – scored 2 (40%)

XMD: 1 – saved 1 (100%)

Summary

The aim of this tournament was to get some much needed match experience for a new team. The competition schedule was extremely tough, playing five games in two and a half days. All of the matches were tiring and draining often playing against physically stronger players. The team defence at times was excellent and improved with each game; our offence needed some work which we discussed in depth with the players throughout the tournament. We experimented with a variety of extra-man systems, which still require some adjustment before the European Championships.

In general I was happy with the progress we have made and am confident that we can improve during the training sessions before heading out to Portugal.

The determination and character that the team showed through the matches, always working hard for each other and never giving up, was a real sign of good team work and great team spirit.

Unfortunately, due to the lack of team kit from Speedo we trained and competed in assorted suits; played the matches in Diana polo caps; and failed to look like a team in the pre-match line up without robes.

The only qualified LEN referee was Tad Detko of Great Britain. This meant that Tad only refereed our first match vs Czech Republic. It was disappointing to compete at this level without the appropriately qualified officials for every match.

The final classification was:

Place	Team	GF	GA
1	Hungary	63	20
2	Germany	43	31
3	Czech Republic	38	33
4	Slovakia	33	36
5	Great Britain	23	28
6	France	11	63

GB Goal Scorers:

Aine Hoy	10
Fiona McCann	5
Julia Mackay	4
Sarah Pimblett	2
Alex Rutledge	1
Sam Crawford	1
	23

Sue Langston
Junior Women's Team Coach

