

**Great Britain Junior Women's Water Polo
European Youth Women's Waterpolo Championships
Porto, Portugal
30 July – 06 August 2005
(travel: 28 July – 07 August)**

TEAM MANAGER Louise Betts
COACHES Sue Langston, Sue Webb
PHYSIOTHERAPIST Penny Porter

Athletes	Club	Athletes	Club
1. Rachel Yeomans	Solihull	8. Aine Hoy	City of Manchester
2. Laura Woodfield	Hucknall	9. Claire Gambles	Walsall
3. Fiona McCann	City of Liverpool	10. Alex Rutledge	City of Manchester
4. Julia Mackay	Dumfermaline	11. Sarah Pimblett	City of Manchester
5. Liz Kennedy	Walsall	12. Sam Crawford	Harrogate
6. Steph Holme	City of Liverpool	13. Lindsey Johnston	Harrogate
7. Lisa Gibson	City of Manchester		

Date first & final team names confirmed with office (office use only):	13 May & 21 July
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ASSEMBLY					
Flights	Excellent	<u>Good</u>	Satisfactory	Fair	Poor
Airline/s used:	Air Portugalia				
Airport/s used:	Manchester				
Comments (if any - please keep brief):					

Office Response

KIT & DISTRIBUTION					
	Excellent	Good	Satisfactory	<u>Fair</u>	Poor
Comments (if any - please keep brief): No competition costumes, no Speedo Water Polo hats, no robes for players to wear when out of water					

Office Response

ACCOMMODATION					
Rooms	Excellent	<u>Good</u>	Satisfactory	Fair	Poor
Location (From pool and other facilities)	Excellent	<u>Good</u>	Satisfactory	Fair	Poor
Meals/Food	<u>Excellent</u>	Good	Satisfactory	Fair	Poor
General Service	<u>Excellent</u>	Good	Satisfactory	Fair	Poor
Accommodation name, address and contact numbers: Hotel Beta Porto Rua do Amial, 601-607 - 4200 Porto. Tel: + 351 228348660. Fax: + 351 228348669. web: http://www.hotelbetaporto.com/eng/home_eng.php					
Comments (if any - please keep brief): Excellent selection of food and great service.					

Office Response

COMPETITION VENUE					
Location (From pool and other facilities)	Excellent	<u>Good</u>	Satisfactory	Fair	Poor
Facilities	Excellent	<u>Good</u>	Satisfactory	Fair	Poor
Access	Excellent	<u>Good</u>	Satisfactory	Fair	Poor
Competition Organisation	Excellent	<u>Good</u>	Satisfactory	Fair	Poor
Doping Control	<u>Yes</u> / No				
Venue name, address and contact numbers: Piscina municipal de Campanha Rua Dr. Sousa Ávides, 4300-487 Porto					
Comments (if any - please keep brief):					

Office Response

ADMINISTRATION					
Communication With office	Excellent	<u>Good</u>	Satisfactory	Fair	Poor
Information from Organisers	Excellent	<u>Good</u>	Satisfactory	Fair	Poor
Comments (if any - please keep brief):					

Office Response

COSTINGS (For use by Water Polo Team Managers controlling own budgets only)
Flights - £4227.90 Travel Expenses - £418.05 Accommodation – £10412.36 Other - £66.76 – physio supplies & water etc

RESULTS : Please give final scores from each game with general comments of the GB/ENG state of play. Also final placings of ALL countries/clubs entered
Full set of official results sent to office by team manager (office use only): Yes / No

Coaches Report



Having experienced a modest amount of international match play in Prague at the end of June the Team met up on 16th July in Grantham for a ten day training camp to prepare for the European Championships. During the ten days we spent the majority of time working on offence and extra-man systems; parts of the game that were highlighted as weaknesses from the matches we played in Prague.

We feel the ten day camp worked well. Even though the girls were feeling a little tired by the end, the training programme was set to try and replicate the tournament schedule to prepare them for competition. Also, we found that the Team became a tight-knit group that really bonded well during their time in Grantham. Accommodation and meals were organised at Grantham College; training was organised at both The Meres Leisure Centre and RAF Cranwell. We organised some training games against Grantham Kings Senior and Junior Men. The Team improved throughout these games.

We travelled out to Porto on 28th July, the competition started on 30th so we had a couple of days to train and settle in to the surroundings. The competition was held in a 25m outdoor pitch so it was useful to be able to practice in these competition conditions.

Match Results & Stats:

Match 1: 30 July - 19.00 v Portugal: Drew 6-6 (1-3 ; 3-0 ; 2-2; 0-1)

Goal scorers: Aine Hoy 3, Fiona McCann, Julia Mackay, Liz Kennedy
XMA: 10 – scored 2 (20%) + 1 Penalty scored
XMD: 5 – saved 4 (80%)

Match 2: 31 July – 14.00 v Greece: Lost 4-15 (1-3 ; 2-4 ; 0-4; 1-3)

Goal scorers: Fiona McCann, Liz Kennedy, Lisa Gibson, Sarah Pimblett
XMA: 7 – scored 3 (42%)
XMD: 10 – saved 5 (50%)

Match 3: 1 August - 14.00 v Holland: Lost 4-14 (0-2 ; 1-0 ; 2-1; 2-3)

Goal scorers: Laura Woodfield, Lisa Gibson, Liz Kennedy, Sarah Pimblett
XMA: 4 – scored 3 (75%)
XMD: 4 – saved 3 (60%)

Match 4: 2 August – 14.00 v Serbia & Montenegro: Lost 7-9 (3-2 ; 1-2 ; 1-2; 2-3)

Goal scorers: Fiona McCann 3, Julia Mackay 2, Liz Kennedy, Aine Hoy
XMA: 10 – scored 5 (50%) + missed 2 Penalties
XMD: 12 – saved 6 (50%)

Match 5: 3 August – 14.30 v Hungary: Lost 4-16 (1-3 ; 1-5 ; 0-3; 2-5)

Goal scorers: Fiona McCann, Julia Mackay, Alex Rutledge, Sarah Pimblett
XMA: 6 – scored 2 (33%)
XMD: 7 – saved 3 (42%)

Match 6: 5 August – 14.30 v France: Won 10-2 (1-0 ; 3-1 ; 3-1; 3-0)

Goal scorers: Julia Mackay 4, Steph Holme 4, Alex Rutledge, Lisa Gibson

XMA: 7 – scored 4 (57%) scored 1 penalty & missed 1 penalty

XMD: 7 – saved 7 (100%)

Summary

The final classification was:

Place	Team
1	Russia
2	Hungary
3	Netherlands
4	Spain
5	Greece
6	Italy
7	Germany
8	Serbia & Montenegro
9	Great Britain
10	Portugal
11	France

GB Goal Scorers:

Julia Mackay	8
Fiona McCann	6
Aine Hoy	4
Steph Holme	4
Liz Kennedy	4
Sarah Pimblett	3
Lisa Gibson	3
Alex Rutledge	2
Laura Woodfield	1
	35

Our goal for the tournament was to break into the top eight, but after the disappointing result against Serbia & Montenegro we finished 6th in the group. This meant we played off for 9th-11th places with the teams from Portugal and France. We were confident that we could perform well against France and were under pressure to improve on the Portuguese 5-4 win for the 9th placing. The girls played well, kept calm and were patient through-out the game to win 10-2, a very good team performance.

Although disappointed from previous results we finished on a high, beating France well and knowing that we can do better. It was pleasing to see how many chances we were creating throughout the tournament but obvious that our finishing needs to be much better and we need to be physically stronger. What we really proved is that we lack experience competing at this high level in pressure situations.

This was an excellent experience for the Team and all involved. The girls are now more determined than ever to work even harder through the winter to improve on these results. They are being encouraged to attend the High Performance Centre in Manchester in order to work together on a regular basis. The Team have been instructed to work harder for their places, as I'm anticipating some changes to be made within the group for next summer's competition.

I am disappointed to have to report that the Team had to buy their own team suits for the European Championships. Speedo was unable to supply team costumes, the main item of team kit necessary for this sport. This is something that I find very hard to understand for a British National Team.

Sue Langston
Junior Women's Team Coach