

**Great Britain Senior Women Water Polo
National Water Polo Championships
Mission Viejo, USA
22 – 24 July 2005
(travel: 14-26 July)**

Team Manager Sarah Dunsbee
Coaches Nick Hume
Physiotherapist Penny Porter

Athletes	Club	Athletes	Club
1. Tara Smith	City of Sheffield	9. Hannah Wild	City of Liverpool
2. Kate Lewis	City of Manchester	10. Angela Winstanley-Smith	Durham Aquatics
3. Bernice Cowton	City of Sheffield	11. Rosie Morris	City of Liverpool
4. Carol Mohan	City of Sheffield	12. Larissa Davies	City of Sheffield
5. Chloe Wilcox	City of Sheffield	13. Vicky Hawkins	City of Manchester
6. Fran Leighton	City of Sheffield		
7. Charlotte Hanson	Penguin		
8. Daisy Fish	City of Manchester		

Date first & final team names confirmed with office (office use only):	09 June 2005
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ASSEMBLY					
Flights	Excellent	Good	<u>Satisfactory</u>	Fair	Poor
Airline/s used:	American Airlines				
Airport/s used:	Manchester, Boston, LAX, Chicago				
Comments (if any - please keep brief):					

Office Response

KIT & DISTRIBUTION					
	Excellent	Good	Satisfactory	Fair	<u>Poor</u>
Comments (if any - please keep brief): No competition costumes, no Speedo Water Polo hats. Costumes purchased in America logo put on and delivered in 24 hours by America Speedo.					

Office Response

ACCOMMODATION					
Rooms	Excellent	<u>Good</u>	Satisfactory	Fair	Poor
Location (From pool and other facilities)	Excellent	<u>Good</u>	Satisfactory	Fair	Poor
Meals/Food	Excellent	Good	Satisfactory	Fair	<u>Poor</u>
General Service	Excellent	<u>Good</u>	Satisfactory	Fair	Poor
Accommodation name, address and contact numbers: Fairfield Inn, 26328 Oso Parkway, Mission Viejo. Tel: +1 9495827100. Fax: +1 9493677692 web: http://marriott.com/property/propertypage/SNAVO Guest house Long Beach, 5325 East Pacific Coast Highway, Long Beach. Tel: +1 5655971341. Fax: +1 5625975741. web: http://www.guesthouse1b.com/home.html					
Comments (if any - please keep brief): Both satisfactory but only bed and breakfast.					

Office Response
Hotels recommended by Championship organisers and NPD's contacts. Only B + B rate offered by hotels.

TRAINING VENUE					
Location (From hotel and other facilities)	Excellent	Good	Satisfactory	Fair	Poor
Facilities	Excellent	Good	Satisfactory	Fair	Poor
Access	Excellent	Good	Satisfactory	Fair	Poor
Venue name, address and contact numbers: Olympic Training Centre Long Beach CA.					
Comments (if any - please keep brief): All provided by hosts.					

Office Response

COMPETITION VENUE					
Location (From pool and other facilities)	Excellent	Good	Satisfactory	Fair	Poor
Facilities	Excellent	Good	Satisfactory	Fair	Poor
Access	Excellent	Good	Satisfactory	Fair	Poor
Competition Organisation	Excellent	Good	Satisfactory	Fair	Poor
Doping Control	Yes / <u>No</u>				
Venue name, address and contact numbers: Capistrano Valley High School					
Comments (if any - please keep brief):					

Office Response

ADMINISTRATION					
Communication With office	Excellent	Good	Satisfactory	Fair	Poor
Information from Organisers	Excellent	Good	Satisfactory	Fair	Poor
Comments (if any - please keep brief):					

Office Response

USEFUL INFORMATION - anything regarding the competition, location, venue etc that may be of interest to future team managers, i.e. banks do not open on a Tuesday or females are required to cover heads in public places.
English PIN numbers not working in USA with cards.

COSTING (For use by Water Polo Team Managers controlling own budgets only)

Total = £18,278.17.

Athletes are fundraising to assist in financing this event

RESULTS

Full set of official results sent to office by team manager (office use only): Yes / No

Coaches Report

An excellent tour and overall a very beneficial experience for the players. This was the first time we have undertaken a tour in this manner, training for a week building up to the US National Championships.

During the day training was conducted at the USA water polo national training centre in Long Beach and at night we scrimmaged against very strong collegiate teams.

The tournament started very successfully with 3 straight wins on day one, putting us into the ¼ finals. The following day a 8-8 tie to Stanford (ranked no 2 in the country) and a loss to San Diego the overall winners was enough to put us in the semi's. We lost to SoCal in the semi final match, which meant a bronze medal game against the very experienced Devil Mountain team (and 2004 National Champions). After going down 4-1 in the first quarter we pulled back to finish 9-9 at full time and send the game into a penalty shoot out! Unfortunately we'll be joining the Pizza Hut add and failed to pull off the shoot out.

This trip was a terrific experience for a very young team (8 of 13 players being 20 or under). The players have put in a lot of hard work and effort over the past year by training as a centralised programme in Manchester. By not training at weekends it meant we saved enough money (plus £300 player contribution) to go on this trip. To finish 4th in a 16 team competition was very creditable and reflects the improvement that is being made.



USA WATER POLO
WOMEN'S NATIONAL CHAMPIONSHIPS
2005

2005 Women's National Championships

DATE	LOCATION	TIME	GAME #	WHITE TEAM	WHITE SCORE	DARK TEAM	DARK SCORE	
7/22/2005	Capistrano Valley HS	7:00 AM	1	A1-DEVIL MOUNTAIN	12	A4-NAVY AC	5	Goals:Devil Mountain-Windes 1, G.Glinowski 4, Schoeder 3, K.Glinowski 1, Feldman 1, Gorbett 2 Navy AC-Donahue 5
7/22/2005	Capistrano Valley HS	8:00 AM	2	A2-SOCAL	7	A3-SANTA BARBARA WPC	1	Goals:Socal-Hayes 2, Reynolds 2, Kraus 2, Card 1 Santa Barbara-Nichols 1
7/22/2005	Capistrano Valley HS	9:00 AM	3	D1-CHAWP	4	D4-DAVIS	7	Goals:CHAWP-Curran 2, Carter 1, V.Lindsey Davis-Raycroft 1, Rees 1, Waldthaler 3, Schafer 1, Cervantes 1
7/22/2005	Capistrano Valley HS	10:00 AM	4	D2-LOS ANGELES WPC	5	D3-NORCAL A	5	Goals:Los Angeles WPF-Silver 3, Butte 1, Wike 1 Norcal-Dreyfuss 1, Samuels 4
7/22/2005	Capistrano Valley HS	11:30 AM	5	A1-DEVIL MOUNTAIN	6	A3-SANTA BARBARA WPC	6	Goals:Devil Mountain-Von Hatitzch 1, C.Glinowski 1, Schoeder 1, Fedoseyeva 2, Cesnik 1 Santa Barbara-Craig 1, Cahill 3, Blanchard 1, Collyer 1
7/22/2005	Capistrano Valley HS	12:30 PM	6	A2-SOCAL	12	A4-NAVY AC	5	Goals:Socal-Hayes 1, Reynolds 3, Belden 3, Anae 1, Kraus 3, Card 1 Navy-Donahue 3, Stancic 1, Thomas 1
7/22/2005	Capistrano Valley HS	1:30 PM	7	D1-CHAWP	3	D3-NORCAL A	6	Goals:CHAWP-Weson 1, Carter 1, V.Lindsey 1 Norcal A-Mathewson 1, Dreyfuss 2, Schnugg 1, Smith 2
7/22/2005	Capistrano Valley HS	2:30 PM	8	D2-LOS ANGELES WPC	9	D4-DAVIS	4	Goals:Los Angeles WPF-Silver 2, Welch 1, Spataru 1, Butte 1, Odegard 1, Nelson 1, Ceniseroz 1, Volosin 1 Davis-O'Rourke 1, Rees 1, Waldthaler 1, Flynn 1
7/22/2005	Capistrano Valley HS	4:00 PM	9	A1-DEVIL MOUNTAIN	2	A2-SOCAL	6	Goals:Socal-Hayes 2, Allison 3, Kraus 1 Devil Mountain-Glinowski 2
7/22/2005	Capistrano Valley HS	5:00 PM	10	A3-SANTA BARBARA WPC	12	A4-NAVY AC	5	Goals:Santa Barbara-Craig 1, Louie 1, Nichols 1, Frost 1, Collyer 1, Cahill 1, Blanchard 3, Ur 1, Easterday 1, Jacobson 1 Navy-Donahue 2, Stancic 2, Goldenberg 1
7/22/2005	Capistrano Valley HS	6:00 PM	11	D1-CHAWP	4	D2-LOS ANGELES WPC	6	Goals:Los Angeles WPF-Wenger 3, Silver 1, Volosin 2 CHAWP-Stein 3, B.Lindsey 1
7/22/2005	Capistrano Valley HS	7:00 PM	12	D3-NORCAL A	8	D4-DAVIS	2	Goals:Norcal A-Clark 2, Lorente 2, Smith 2, Samuels 2 Davis-Raycroft 1, Cervantes 1

7/22/2005	Saddleback College	7:00 AM	13	B1-STANFORD	9	B4-NORCAL B	5	Goals: Stanford Burmeister 1,Tipton 1,Hayes 3,Rouleau 1,Hewko 3 Norcal B Child 1,Kucera 1,Clark 2,Ziegler 1
7/22/2005	Saddleback College	8:00 AM	14	B2-SUNSET	5	B3-SD SHORES	10	Goals: Sunset Stefens 1,Bajorte 1, Swail 1, Hockett 1,Hopkins 1 San Diego Shores May 2, Van Norman 1,Hansen 1, Garrity 4, Pace 1,Rulon 1
7/22/2005	Saddleback College	9:00 AM	15	C1-NEW YORK AC	8	C4-UNITED WP	3	Goals: New York AC Vonscharz 2,Hargave 1,Armstrong 2,Keehan 1,Sheehy 2 United WP Branz 1,Zavala 1,Hyrne 1
7/22/2005	Saddleback College	10:00 AM	16	C2-GREAT BRITAIN	10	C3-AMERICAN RIVER	8	Goals: Great Britain Lewis 2,Cowton 1,Mohan 1,Wilcox 2,Leighton 1,Winstanly-Smith 3 American River Brunner 2,Scott 1,Prince 2,Hazlett 1,Delgado 1,Todd 1
7/22/2005	Saddleback College	11:30 AM	17	B1-STANFORD	5	B3-SD SHORES	11	Goals Stanford Wilcox 1,Haley 1,El Sakkary 1,Hewko 1,Champion 1 San Diego Shores May 1,Davies 1,Keyes 1,Hansen 2,Blylevin 2,Abrahms 1,Pace 1,Rulon 2
7/22/2005	Saddleback College	12:30 PM	18	B2-SUNSET	13	B4-NORCAL B	3	Goals: Sunset Momberg 2,Bojorek 2,Suxil 1,Wong 3,Frazer 1,Woods 1,Kenniter 1, Hanian 2 Norcal B Mordell 1, Clark 2
7/22/2005	Saddleback College	1:30 PM	19	C1-NEW YORK AC	4	C3-AMERICAN RIVER	2	Goals: New York Koblik 1, Gundersopn 1,Armstong 1, Vonshwarz 1, American River Prine 1,Sinclair 1
7/22/2005	Saddleback College	2:30 PM	20	C2-GREAT BRITAIN	10	C4-UNITED WP	5	Goals: Great Britain Lewis 1,Mohan 6, WInstante-Smith 2,Davies 1 United WP Welsh 1,Branz 2,Madonell 1,Moore 1
7/22/2005	Saddleback College	4:00 PM	21	B1-STANFORD	12	B2-SUNSET	7	Goals: Stanford El-Sakkary 2 Champion 1,Hewko 3, Eaaton 1,Burmeister 1,Hayes 4 Sunset Swail 2,Wong 1,Umezawa 1,Momberg 1,Hockett 1,Lorochelle 1
7/22/2005	Saddleback College	5:00 PM	22	B3-SD SHORES	15	B4-NORCAL B	2	Goals: SD Shores Shater 2,Gandy 1,Rulon 3,Hansen 1,Keyser 2,Pace 1, Van Norman 1,May 1,Davies 2 Norcal B Kucera 1,Child 1
7/22/2005	Saddleback College	6:00 PM	23	C1-NEW YORK AC	5	C2-GREAT BRITAIN	10	Goals:Great Britain-Smith 8, Hawkins 1, Leighton 1 NYAC-Vonschwarz 3, Armstrong 1, Sheehy 1
7/22/2005	Saddleback College	7:00 PM	24	C3-AMERICAN RIVER	8	C4-UNITED WP	2	Goals: American RiverMorgan 3,Mills 1,Prine 2, Sinclair 1,Hazlett 1 United WP 1
7/23/2005	Capistrano Valley HS	7:00 AM	25	I1(3rdA)-SANTA BARBARA	7	I4(3rdD)-DAVIS	3	Goals:Santa Barbara-Craig 1, Domanic 3, Frost 1, Cahill 2 Davis-Waldthaler 1, Schaefer 1, Cervantes 1
7/23/2005	Capistrano Valley HS	8:00 AM	26	I2(3rdB)-SUNSET	7	I3(3rdC)-AMERICAN RIVER	0	Goals:Sunset-Steffens 1, Umezawa 1, Swail 2, Woods 1, Wong 1, Hanan 1
7/23/2005	Capistrano Valley HS	9:00 AM	27	E1(1stA)-SOCAL	7	E4(2ndD)-LOS ANGELES WPC	4	Goals:Socal-Hayes 2, Reynolds 1, Beldon 1, Kraus 3 Los Angeles WP-Wenger 1, Welch 1, Beckman 1

7/23/2005	Capistrano Valley HS	10:00 AM	28	E2(2ndA)-DEVIL MOUNTAIN	15	E3(1stD)-NORCAL A	8	Goals:Devil Mountain-Glinowski 6, Schymanski 1, Schroeder 4, Cesnik 3, Gorbett 1 Norcal A-Lorente a, Dreyfuss 2, Smith 4, Samuels 1
7/23/2005	Capistrano Valley HS	11:00 AM	29	F1(1stB)-SAN DIEGO SHORES	10	F4(2ndC)-NEW YORK AC	3	Goals:SD Shores-May 1, Davies 3, Abrams 2, Pace 1, Rulon 3 NYAC-Vonschwarz 2, Thompson 1
7/23/2005	Capistrano Valley HS	12:00 PM	30	F2(2ndB)-STANFORD	8	F3(1stC)-GREAT BRITAIN	8	Goals:Stanford-Hewko 4, El-Sakkary 1, Hayes 2, Eaton 1 Great Britain-Lewis 2, Cowton 1, Mohan 2, Fish 1, Smith 1, Davies 1
7/23/2005	Capistrano Valley HS	1:00 PM	31	J1(4thA)-NAVY AC	8	J4(4thD)-CHAWP	10	Goals: Navy Donahue 2,Vagts 3,Gottenburg 1,Cerda 1,Stanecic 1 Chawp Stein 4,Weston 1,Caron 1,Brown 1,Linsey 3
7/23/2005	Capistrano Valley HS	2:00 PM	32	J2(4thB)-NORCAL B	5	J3(4thC)-UNITED WP	8	Goals: Norcal B Bollwinkle 1,Jolymour 1,Mordell 1, Clark 2 United Welsh 1,Branz 3,Zavala 4
7/23/2005	Capistrano Valley HS	3:00 PM	33	E1(1stA)-SOCAL	12	E3(1stD)-NORCAL A	4	Goals: SoCal Hayes 1,Wheeler 1, Belden 3,Anae 2,Kraus 1,Card 2,Cousinaue 2 Norcal A Dryfus 4
7/23/2005	Capistrano Valley HS	4:00 PM	34	E2(2ndA)-DEVIL MOUNTAIN	13	E4(2ndD)-LOS ANGELES WPC	4	Goals: Devil Mountain Windes 1,Glinowski 6,Schroeder 4,Von Hartizch 1,Fedonseyena 1 Los Angeles WPC Wenger 1, Volosin 2,Ceniseroz 1
7/23/2005	Capistrano Valley HS	5:00 PM	35	F1(1stB)-SAN DIEGO SHORES	8	F3(1stC)-GREAT BRITAIN	3	Goals: Schroeder 3,Schaugnassy 1,Colyeyz 1,O'Donnell 2,May 1 Great Britain Lewis 2,Winstanley-Smith 1
7/23/2005	Capistrano Valley HS	6:00 PM	36	F2(2ndB)-STANFORD	5	F4(2ndC)-NEW YORK AC	6	Goals: Stanford Wilcox 1,Krueger 2,Champion 1,Hewko 1, NYAC Zable 1,Armstrong 1,Keenan 1,Thompson 2,Sheehy 1
7/23/2005	Capistrano Valley HS	7:00 PM	37	W#31-CHAWP	10	W#32-UNITED WP	8	13th Place: CHAWP /// 14th Place: UNITED WP Goals: Chawp Stein 3,Cavon 1,Brown 1,Curran 3,Carter 1,Dickerson 1 United Branz 1,Macdonnell 1,Brookbank 2,Hyrne 2,Moore 1
7/23/2005	Capistrano Valley HS	8:00 PM	38	L#31-NAVY AC	5	L#32-NORCAL B	7	15th Place:NORCAL B Kucera 1,Jollymaur 1,Mordell 2,Voat 1,Clerk 1,McMillan 1 16th Place:NAVY AC Donahue 1,Voats 3,Karandy 1
7/24/2005	Capistrano Valley HS	7:00 AM	39	H1(3rdE)-LOS ANGELES WPC	8	H4(4thF)-STANFORD	9	Shootout! 6-6 at end of regulation Goals:Stanford-Hayes 3, Champion 2, Hewko 3, Burmeister 1 Los Angeles WP-Welch 2, Butte 2, Volosin 1, Nelson 2, Spataru 1
7/24/2005	Capistrano Valley HS	8:00 AM	40	H2(4thE)-NORCAL	8	H3(3rdF)-NEW YORK AC	4	Goals: Norcal Clark 2,Lorente 1,Dreyfuss 1,Smith 3,Samuels 1 NYAC Vonschwarz 2,Armstrong 1,Tompson 1
7/24/2005	Capistrano Valley HS	9:00 AM	41	G1(1stE)-SOCAL	9	G4(2ndF)-GREAT BRITAIN	1	Semi-Final Goals: Socal Hayes 2,Allison 1,Reynolds 3,Beldan 1,Kraus 2 Great Britain Winstanley-Smith 1
7/24/2005	Capistrano Valley HS	10:00 AM	42	G2(2ndE)-DEVIL MOUNTAIN	6	G3(1stF)-SAN DIEGO	8	Semi-Final Goals: Devil Mountain Winders 1,Vonhartison 2,Glinowski 1,Schymansk 1,Feldman 1 San Diego Shores

						SHORES		Rowe 1,Hansen 3,Blyleven 1,Gandy 1,Shafer 2
7/24/2005	Capistrano Valley HS	11:00 AM	43	L#25-DAVIS	5	L#26-AMERICAN RIVER	3	11th Place: DAVIS ///Baycraft 1,Moto 1,Waldthaler 2,Schaefer 1 12th Place: AMERICAN RIVER Morgan 1,Buchanon 1,Prine 1
7/24/2005	Capistrano Valley HS	12:00 PM	44	W#25-SANTA BARBARA	6	W#26-SUNSET	1	9th Place: SANTA BARBARA ///Domanic 1,Cahill 1,Blanchard 1,Schroeder 1,Craig 2 10th Place: SUNSET Woods 1
7/24/2005	Capistrano Valley HS	1:00 PM	45	L#39-LOS ANGELES WPC	4	L#40-NEW YORK AC	7	7th Place: NEW YORK AC Vonschwatsr 1,Armstrong 1,Gunderson 1,Smith 1,Guerin 1,Thompson 2 8th Place: LOS ANGELES WPC Wenger 2,Welsh 1,Spataru 1,Volosin 1,Odegard 1
7/24/2005	Capistrano Valley HS	2:00 PM	46	W#39-STANFORD	3	W#40-NORCAL	4	5th Place: NORCAL /// Lorete 2,Dreyfuss 1,Smith 1 6th Place: STANFORD Wilcox 1,Burmeister 1,Hewko 1
7/24/2005	Capistrano Valley HS	3:00 PM	47	L#41-GREAT BRITAIN	11	L#42-DEVIL MOUNTAIN	13	Shootout! (10-10 at end of regulation)3rd Place: DEVIL MOUNTAIN Windes 2,Von Hartitsch 2,Glinowski 3,Schroeder 5,Feldman 1 4th Place: GREAT BRITAIN Lewis 3,Mohan 2,Winstanly-Smith 6
7/24/2005	Capistrano Valley HS	4:00 PM	48	W#41-SOCAL	8	W#42-SAN DIEGO SHORES	9	1st Place: SAN DIEGO SHORES Rowe 3,Davis 1,Han 2,Gandy 1Rulon 1Schafer 1 2nd Place: SOCAL Hayes 2,Klug 1,Wheeler 1,Reynolds 1,Kraus 3
7/24/2005	Capistrano Valley HS	5:00 PM	AWD1	FIRST TEAM		ALL-AMERICANS		MVP (CO-MVP'S)*** Lauren Machanis #1*** & Katie Hansen#7*** SAN DIEGO SHORES Katie Rulon #13 SAN DIEGO SHORES Amber Oland #1 SOCAL Brittany Hayes #2 SOCAL Collette Glinkowski #5 DEVIL MOUNTAIN Jessica Schroeder #7 DEVIL MOUNTAIN Carol Mohan (All-Tournament) #4 GREAT BRITAIN ***** Scotti Schafer #14 SAN DIEGO SHORES Megan May #2 SAN DIEGO SHORES Grace Reynolds #9 SOCAL Jillian Krause #14 SOCAL Julia Cesnik #10 DEVIL MOUNTAIN Tara Smith (All-Tournament) #1 GREAT BRITAIN
7/24/2005	Capistrano Valley HS	5:00 PM	AWD2	HONORABLE MENTION		ALL-AMERICANS		HONORABLE MENTION Kelsey Thorne #1 NORCAL A Rebecca Dreyfuss #9 NORCAL A Bailey Samuels #12 NORCAL A Molly Hayes #10 STANFORD Christina Hewko #15 STANFORD Katherine Von Schwarz #2 NEW YORK AC Gubba Sheehy #12 NEW YORK AC Jana Wenger #2 LOS ANGELES WPC Bree Valbuena #1 LOS ANGELES WPC Kami Craig #2 SANTA BARBARA Jessica Wong #10 SUNSET Katherine O'Rourke #5 DAVIS Gillian Morgan #2 AMERICAN RIVER Haley Carter #13 CHAWP Maria Zavala #11 UNITED WP Heidi Kucera #5 NORCAL B Kelly Donahue #2 NAVY AC