



AMATEUR SWIMMING ASSOCIATION 2010 MIDLAND OPEN MASTERS CHAMPIONSHIPS AND 18-24 YEARS AGE GROUP CHAMPIONSHIPS

(UNDER ASA LAWS AND REGULATIONS AND FINA TECHNICAL RULES OF SWIMMING)



GENERAL CONDITIONS AND SCHEDULE OF EVENTS

1. The Joint Midland Masters Committee of the East & West Midland Regions reserves full powers over all Midland Masters Championships.
2. Entries will be accepted from eligible competitors who are registered in the year of competition and are members of clubs in affiliation of the ASA, the Scottish or Welsh ASAs, or of any other country affiliated to FINA.
3. All competitors in Masters events must be aged 25 years or over at midnight on 31 December in the year of competition.
4. Protests shall be made and dealt with as detailed in ASA Law. The Promoter is the Joint Masters Committee of the East & West Midland Regions.

THE EVENTS

5. The Joint Masters Committee shall determine the programme of events. (The programme currently includes the following events:
For both men and women, : 50, 100, 200, and 400 metres freestyle; 50, 100, and 200 metres breaststroke, butterfly, and backstroke;
100, 200 & 400 metres individual medley; 4 x 50 metres freestyle and medley relays
Mixed (2 women and 2 men) 4 x 50 metres freestyle and medley relays).
6. Age groups for individual Masters events shall be 25-29 years, 30-34 years, and upwards in 5-year bands as required.
7. Entry standards or restrictions on numbers may be applied.
8. All events shall be heat declared winner.
9. Age groups for team events shall be 72 years-plus, 100-119 years, 120-159 years, 160-199 years, 200-239 years, and upwards in 40-year bands as required. Swimmers in the 72 years-plus relay events must be 18 years of age or over on 31 December in the year of competition. Swimmers in Masters team events (100-119 years + etc.) must be 25 years of age or over on 31 December in the year of competition.
10. Team events shall be open to teams from any affiliated clubs. A club may enter more than one team in any age category. A swimmer may swim for only one team in any team event.
11. A competitor may represent only one club in the Championships.
12. The 18-24 Age-group individual championships will be swum concurrently and seeded with the corresponding Masters individual events. The general conditions applying to these events shall be those of the Midland Age Group Individual Swimming Championships except that all events shall be heat declared winner events and where the conditions for Masters competitions differ they shall apply.

PROCEDURE

13. Entries must be made on the current form and accompanied by the entry fee and a stamped addressed envelope for the return of your acknowledgement. Acceptance of an entry is at the discretion of the promoter. Incomplete or inaccurate entries, particularly those not accompanied by the entry fee, may not be accepted.
14. The information provided on the entry form shall be regarded as definitive. Alterations (e.g. to the events entered) will not be accepted after the closing date.
15. The secondary entry system will operate for the 400m Freestyle & 400m Ind. Medley. Competitors must confirm their participation as instructed.
16. Where applicable, failure to make this secondary entry within the stipulated time will cancel the swimmer's right to compete in an event. However, swimmers will be allowed to swim in unallocated lanes of the earlier heats, of the same event, if available. This will be on a first-come first-served basis.
17. Competitors will be allocated lanes in graduated time order, slowest to fastest. Individual male and female events over 100m will be swum together.
18. Medals or other awards shall be presented as determined by the Joint Masters Committee.

THE 18 - 24 YEARS AGE GROUP CHAMPIONSHIPS WILL BE SWUM CONCURRENTLY AND SEEDING WITH THE CORRESPONDING MASTERS EVENTS

All INDIVIDUAL EVENTS, 200m PLUS, WILL BE SWUM WITH MEN AND WOMEN SEEDING TOGETHER, BUT THERE WILL BE SEPARATE MEN'S AND WOMEN'S RESULTS

SESSION ONE - FRIDAY 23 April -- 7.00 pm START

1 400m Freestyle Mixed

SESSION TWO - SATURDAY 24 April --9.30 am START

2 200m Butterfly Mixed
3 50m Backstroke Female
4 50m Backstroke Male
5 100m Freestyle Female
6 100m Freestyle Male
7 200m Individual Medley Mixed
8 200m Medley Relay Mixed

SESSION THREE -SATURDAY 24 April--start time to be notified

9 200m Freestyle Mixed
10 100m Breaststroke Female
11 100m Breaststroke Male
12 50m Butterfly Female
13 50m Butterfly Male

14 200m Backstroke Mixed
15 200m Freestyle Relay Female
16 200m Freestyle Relay Male

SESSION FOUR – SUNDAY 25 April – 9.30 am START

17 200m Breaststroke Mixed
18 100m Backstroke Male
19 100m Backstroke Female
20 50m Freestyle Male
21 50m Freestyle Female
22 100m Individual Medley Female
23 100m Individual Medley Male
24 200m Medley Relay Female
25 200m Medley Relay Male

SESSION FIVE - SUNDAY 25 April – start time to be notified

26 400m Individual Medley Mixed
27 50m Breaststroke Male
28 50m Breaststroke Female
29 100m Butterfly Male
30 100m Butterfly Female
31 200m Freestyle Relay Mixed

SESSION START TIMES: The first session on Saturday & Sunday will start at 9.30 am. The start times of the other sessions will be advised with the returned competitors entry cards or confirmation letter. The letter of confirmation should be with you by Monday 19th April. If this is not the case ring Tony on 01902 752579 no later than 8.30pm on Tuesday 20th April.

Swimmers with Disability Certificates must present them to the referee prior to competing. FAC cards will also be accepted.