



**AMATUER SWIMMING ASSOCIATION
2010 MIDLAND OPEN MASTERS AND
18-24 AGE GROUP CHAMPIONSHIPS
(COMBINED EAST & WEST MIDLAND REGION)**



(Under ASA Laws & Regulations and FINA Technical Rules of Swimming)

**AT NEWBOLD COMYN LEISURE CENTRE
LEAMINGTON SPA**

ON FRIDAY SATURDAY & SUNDAY 23,24, & 25 APRIL 2010

TEAM ENTRY FORM

Name of Club

Team entries should be submitted by **ONLY ONE** person from the club. To enter simply tick the relevant box(es)

If you enter more than one team in an event please identify by e.g. an "A" and a "B" team (etc).

For the conditions please refer to the attached sheet or the 2010 Regional Handbook.

A swimmer may compete only once in each relay event.

Swimmers in 'masters' relays (all except 72-plus, min age 18 years) must be aged 25 years – see General Conditions paragraph 9.

	WOMEN							
	72 yrs plus	100-119yrs	120-159yrs	160-199yrs	200-239yrs	240-279yrs	280-319yrs	320 + yrs
Event 15 - 4 x 50m FREESTYLE								
Event 24 - 4 x 50m MEDLEY								

	MEN							
	72 yrs plus	100-119yrs	120-159 yrs	160-199 yrs	200-239 yrs	240-279 yrs	280-319 yrs	320 + yrs
Event 16 - 4 x 50m FREESTYLE								
Event 25 - 4 x 50m MEDLEY								

	MIXED (2 Women & 2 Men In any order)							
	72 yrs plus	100-119yrs	120-159 yrs	160-199 yrs	200-239 yrs	240-279 yrs	280-319 yrs	320 + yrs
Event 31 - 4 x 50m FREESTYLE								
Event 8 - 4 x 50m MEDLEY								

Name and address to which notices are to be sent:

.....
.....

POST CODE TEL No

I hereby declare that all the swimmers in the teams are registered and on behalf of the entrants agree to abide by the conditions laid down by the Association for this competition.	
Signature	Date

Return the completed form, together with the entry fee of **£9.50** per team per event and a stamped, self-addressed envelope to: Tony Ward, Joint Midland Masters Championships , 103 Crowther Road, Wolverhampton, WV6 0HX

ENTRIES CLOSE ON FRIDAY 26th March 2010

Cheques made payable to **Midland Swimming**. Late entries will not be accepted.

All team members who have not entered an individual event must sign the disclaimer which will be part of the Team Declaration Form to be completed and submitted 30 minutes before the commencement of the relevant session. (The content of this disclaimer is the same as that on the back of the individual entry form.)