

SWIMMING RECORDS AS AT 09 NOVEMBER 2009

Those identified (+0) since last update on 09 August 2009, are shown in red.

SENIOR (Open age), LONG COURSE (50m Pool).

MENS.

<u>EVENT</u>	<u>TIME</u>	<u>NAME</u>	<u>CLUB</u>	<u>DATE</u>	<u>VENUE</u>
50m Freestyle	22.95	James Burden	City of Coventry	01/08/09	Coventry
100m Freestyle	49.75	Christopher Fox	Wolverhampton	04/04/08	Sheffield
200m Freestyle	1:49.41	Christopher Fox	Wolverhampton	03/04/08	Sheffield
400m Freestyle	3:55.10	Paul Howe	City of Birmingham	28/07/90	Crystal Palace
800m Freestyle	8:21.61	Carl Grosvenor	City of Coventry	17/07/04	Manchester
1500m Freestyle	15:43.79	David Stacey	City of Coventry	25/06/82	Coventry
50m Backstroke	26.38	Adam Ruckwood	City of Birmingham	11/04/02	Manchester
100m Backstroke	55.65	Adam Ruckwood	City of Birmingham	22/04/95	Sheffield
200m Backstroke	1:59.52	Adam Ruckwood	City of Birmingham	23/04/95	Sheffield
50m Breaststroke	27.79	Adam Whitehead	City of Coventry	03/08/02	Manchester
100m Breaststroke	1:01.05	Adam Whitehead	City of Coventry	31/07/02	Manchester
200m Breaststroke	2:11.29	Nick Gillingham	City of Birmingham	29/07/92	Barcelona
50m Butterfly	24.92	Aaron Wiles	City of Coventry	30/07/00	Sheffield
100m Butterfly	54.16	Aaron Wiles	City of Coventry	30/07/00	Sheffield
200m Butterfly	2:00.32	Tim Jones	City of Birmingham	24/09/88	Seoul
200m Individual Medley	2:05.87	Nick Gillingham	City of Birmingham	24/05/92	Sheffield
400m Individual Medley	4:25.06	Neil Ashcroft	City of Coventry	11/04/04	Sheffield
4 x 100m Freestyle Team	3:26.38		City of Birmingham	02/08/87	Crystal Palace
4 x 100m Medley Team	3:47.45		City of Coventry	29/06/02	Coventry
4 x 200m Freestyle Team	7:51.17		City of Coventry	31/07/08	Sheffield

WOMENS.

<u>EVENT</u>	<u>TIME</u>	<u>NAME</u>	<u>CLUB</u>	<u>DATE</u>	<u>VENUE</u>
50m Freestyle	26.34	Amy Smith	Wyre Forest	16/02/08	Sheffield
100m Freestyle	56.02	Amy Smith	Wyre Forest	17/02/08	Sheffield
200m Freestyle	2:00.26	Georgina Lee	Camp Hill Edwardians	09/04/04	Sheffield
400m Freestyle	4:15.81	Lauren Collins	City of Birmingham	30/07/08	Sheffield
800m Freestyle	8:59.61	Marie Hardiman	City of Birmingham	1993	Coventry
1500m Freestyle	17:44.36	Hannah Jones	Stafford Apex	30/11/03	Coventry
50m Backstroke	29.40	Alexandra Hooper	City of Birmingham	01/08/09	Sheffield
100m Backstroke	1:02.68	Alexandra Hooper	City of Birmingham	30/07/09	Sheffield
200m Backstroke	2:12.79	Lauren Collins	City of Birmingham	04/04/08	Sheffield
50m Breaststroke	32.10	Grace Callaghan	City of Coventry	31/07/03	Glasgow
100m Breaststroke	1:08.86	Rachel Genner	City of Coventry	24/01/04	Sheffield
200m Breaststroke	2:30.63	Marie Hardiman	City of Birmingham	31/07/94	Crystal Palace
50m Butterfly	27.40	Terri Dunning	City of Birmingham	16/03/06	Melbourne
100m Butterfly	59.02	Terri Dunning	City of Birmingham	18/03/06	Melbourne
200m Butterfly	2:08.89	Georgina Lee	Camp Hill Edwardians	10/04/04	Sheffield
200m Individual Medley	2:14.35	Terri Dunning	City of Birmingham	03/04/08	Sheffield
400m Individual Medley	4:48.60	Sophie Caul	City of Coventry	08/04/04	Sheffield
4 x 100m Freestyle Team	3:54.61		City of Birmingham	06/08/06	Sheffield
4 x 100m Medley Team	4:21.71		City of Coventry	17/07/97	Crystal Palace
4 x 200m Freestyle Team	8:24.05		City of Birmingham	28/07/07	Sheffield

**SWIMMING RECORDS AS AT 09 NOVEMBER 2009**  
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**JUNIOR (Under 16 on day of swim), LONG COURSE (50m Pool).**

**BOYS.**

<u>EVENT</u>	<u>TIME</u>	<u>NAME</u>	<u>CLUB</u>	<u>DATE</u>	<u>VENUE</u>
50m Freestyle	24.16	James Burden	City of Coventry	11/05/08	Sheffield
100m Freestyle	53.22	James Burden	City of Coventry	04/04/08	Sheffield
200m Freestyle	1:54.78	Paul Howe	City of Coventry	07/08/83	Mulhouse
400m Freestyle	4:02.05	Paul Howe	City of Coventry	06/08/83	Mulhouse
800m Freestyle	8:29.11	Jacob Laybourne	Northgate Bridgnorth	30/07/09	Sheffield
1500m Freestyle	16:15.41	Jacob Laybourne	Northgate Bridgnorth	29/05/09	Sheffield
50m Backstroke	28.43	James Burden	City of Coventry	27/01/08	Sheffield
100m Backstroke	1:00.22	Adam Ruckwood	City of Birmingham	29/07/90	Dunkirk
200m Backstroke	2:08.87	Simon Duckham	City of Coventry	10/07/98	Sheffield
50m Breaststroke	30.59	Christopher Fox	Wolverhampton	07/07/05	Lignano
100m Breaststroke	1:04.69	Christopher Fox	Wolverhampton	07/07/05	Lignano
200m Breaststroke	2:20.85	Christopher Fox	Wolverhampton	05/08/05	Sheffield
50m Butterfly	27.04	Lee Coton	City of Birmingham	30/06/91	Coventry
100m Butterfly	58.17	James Burden	City of Coventry	03/04/08	Sheffield
200m Butterfly	2:06.80	Jacob Laybourne	Northgate Bridgnorth	30/07/09	Sheffield
200m Individual Medley	2:11.04	Christopher Fox	Wolverhampton	08/08/05	Sheffield
400m Individual Medley	4:38.30	Blayne Hughes	City of Coventry	06/08/91	Coventry

**GIRLS.**

<u>EVENT</u>	<u>TIME</u>	<u>NAME</u>	<u>CLUB</u>	<u>DATE</u>	<u>VENUE</u>
50m Freestyle	27.06	Lauren Collins	City of Birmingham	05/08/06	Sheffield
100m Freestyle	57.24	Lauren Collins	City of Birmingham	01/08/06	Sheffield
200m Freestyle	2:03.63	Lauren Collins	City of Birmingham	03/08/06	Sheffield
400m Freestyle	4:22.91	Cara Moody	City of Birmingham	08/12/02	Bath
800m Freestyle	9:03.58	Fern Davies	City of Birmingham	16/12/06	Brisbane
1500m Freestyle	18:00.05	Zoe Davies	Phoenix Youth	02/05/09	Coventry
50m Backstroke	30.13	Alexandra Hooper	City of Birmingham	31/07/07	Sheffield
100m Backstroke	1:04.20	Alexandra Hooper	City of Birmingham	29/07/07	Sheffield
200m Backstroke	2:17.76	Lauren Collins	City of Birmingham	07/08/05	Sheffield
50m Breaststroke	32.10	Grace Callaghan	City of Coventry	31/07/03	Glasgow
100m Breaststroke	1:09.26	Grace Callaghan	City of Coventry	02/08/03	Glasgow
200m Breaststroke	2:32.22	Jodie Hawksworth	Cheadle & District	23/07/09	Sheffield
50m Butterfly	28.10	Rachael Kelly	Newcastle (Staffs)	12/07/09	Prague
100m Butterfly	1:01.01	Rachael Kelly	Newcastle (Staffs)	24/05/09	Sheffield
200m Butterfly	2:17.31	Georgina Lee	Camp Hill Edwardians	01/08/97	Glasgow
200m Individual Medley	2:18.57	Fern Davies	City of Birmingham	02/04/08	Sheffield
400m Individual Medley	4:56.43	Sophie Caul	City of Coventry	09/12/01	Bath

WEST MIDLAND REGION.

**SWIMMING RECORDS AS AT 09 NOVEMBER 2009**  
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SENIOR (Open age), SHORT COURSE (25m Pool).

MENS.

<u>EVENT</u>	<u>TIME</u>	<u>NAME</u>	<u>CLUB</u>	<u>DATE</u>	<u>VENUE</u>
50m Freestyle	23.05	Christopher Fox	Wolverhampton	09/09/07	Brisbane
100m Freestyle	49.48	Adam Ruckwood	City of Birmingham	09/12/00	Sheffield
200m Freestyle	1:46.71	Paul Howe	City of Birmingham	09/04/91	Canada
400m Freestyle	3:47.52	Paul Howe	City of Birmingham	10/04/91	Canada
800m Freestyle	8:19.75	Carl Grosvenor	City of Coventry	30/11/03	Melbourne
1500m Freestyle	15:17.69	David Stacey	City of Coventry	20/02/83	Barnet Coptall
50m Backstroke	25.47	Adam Ruckwood	City of Birmingham	18/01/01	Sheffield
100m Backstroke	54.16	Adam Ruckwood	City of Birmingham	20/04/97	Gothenburg
200m Backstroke	1:55.15	Adam Ruckwood	City of Birmingham	18/01/01	Sheffield
50m Breaststroke	27.68	Adam Whitehead	City of Coventry	13/01/04	Stockholm
100m Breaststroke	59.75	Adam Whitehead	City of Coventry	14/01/04	Stockholm
200m Breaststroke	2:07.91	Nick Gillingham	City of Birmingham	04/12/93	Palma
50m Butterfly	24.81	Aaron Wiles	City of Coventry	16/03/00	Athens
100m Butterfly	53.93	Aaron Wiles	City of Coventry	16/03/00	Athens
200m Butterfly	1:57.86	Tim Jones	City of Birmingham	30/03/91	Sheffield
100m Individual Medley	57.24	Neil Ashcroft	City of Coventry	17/08/03	Stockport
200m Individual Medley	2:01.78	Neil Ashcroft	City of Coventry	26/08/04	Manchester
400m Individual Medley	4:16.65	Neil Ashcroft	City of Coventry	27/08/04	Manchester
4 x 100m Freestyle Team	<b>3:32.58</b>		<b>City of Birmingham</b>	<b>09/11/09</b>	<b>Corby</b>
4 x 100m Medley Team	3:55.01		Walsall	01/11/08	Braunstone

WOMENS.

<u>EVENT</u>	<u>TIME</u>	<u>NAME</u>	<u>CLUB</u>	<u>DATE</u>	<u>VENUE</u>
50m Freestyle	25.55	Amy Smith	Wyre Forest	18/11/06	Sheffield
100m Freestyle	55.04	Georgina Lee	Camp Hill Edwardians	20/03/04	College Station, TX
200m Freestyle	1:57.60	Georgina Lee	Camp Hill Edwardians	19/03/04	College Station, TX
400m Freestyle	4:08.03	Georgina Lee	Camp Hill Edwardians	18/03/04	College Station, TX
800m Freestyle	8:44.62	Georgina Lee	Camp Hill Edwardians	08/12/00	Sheffield
1500m Freestyle	17:20.25	Hannah Jones	Stafford Apex	09/04/04	Birmingham
50m Backstroke	27.86	Alexandra Hooper	City of Birmingham	08/08/09	Leeds
100m Backstroke	1:00.58	Alexandra Hooper	City of Birmingham	06/08/09	Leeds
200m Backstroke	2:09.99	Joanne Deakins	City of Coventry	05/12/93	Parma
50m Breaststroke	31.18	Rachel Genner	City of Coventry	11/12/03	Dublin
100m Breaststroke	1:07.04	Rachel Genner	City of Coventry	13/12/03	Dublin
200m Breaststroke	2:26.81	Marie Hardiman	City of Birmingham	19/02/95	Gelsenkirshen
50m Butterfly	27.22	Terri Dunning	City of Birmingham	14/12/07	Debrecen
100m Butterfly	58.58	Terri Dunning	City of Birmingham	11/12/05	Trieste
200m Butterfly	2:06.54	Terri Dunning	City of Birmingham	13/12/07	Debrecen
100m Individual Medley	1:03.92	Terri Dunning	City of Birmingham	01/11/08	Braunstone
200m Individual Medley	2:13.21	Terri Dunning	City of Birmingham	17/12/06	Paris
400m Individual Medley	4:41.68	Sophie Caul	Nuneaton & Bedworth	18/11/06	Sheffield
4 x 100m Freestyle Team	3:54.89		City of Birmingham	01/11/08	Braunstone
4 x 100m Medley Team	4:03.63		City of Birmingham	22/03/08	Birmingham

AMATEUR SWIMMING ASSOCIATION,



WEST MIDLAND REGION.

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JUNIOR (Under 16 on day of swim), SHORT COURSE (25m Pool).

BOYS.

<u>EVENT</u>	<u>TIME</u>	<u>NAME</u>	<u>CLUB</u>	<u>DATE</u>	<u>VENUE</u>
50m Freestyle	23.86	James Burden	City of Coventry	24/03/08	Birmingham
100m Freestyle	52.13	James Burden	City of Coventry	06/04/08	Nuneaton
200m Freestyle	1:51.10	Paul Howe	City of Coventry	05/11/83	Nuneaton
400m Freestyle	4:02.91	Benjamin Lowe	City of Coventry	07/11/09	Corby
800m Freestyle	8:30.27	Jacob Laybourne	Northgate Bridgnorth	28/02/09	Market Drayton
1500m Freestyle	16:07.68	Jacob Laybourne	Northgate Bridgnorth	01/03/09	Market Drayton
50m Backstroke	26.63	Todd Cooper	City of Birmingham	17/12/98	Glasgow
100m Backstroke	57.45	Todd Cooper	City of Birmingham	19/12/98	Glasgow
200m Backstroke	2:03.97	Dan Ruckwood	City of Birmingham	02/11/08	Braunstone
50m Breaststroke	30.32	Adam Whitehead	City of Coventry	17/12/95	Sheffield
100m Breaststroke	1:04.78	Christopher Fox	Wolverhampton	16/10/05	Sheffield
200m Breaststroke	2:24.10	Ryan Coley	City of Birmingham	15/11/97	Leicester
50m Butterfly	26.75	Todd Cooper	City of Birmingham	20/12/98	Glasgow
100m Butterfly	58.10	Magnus Weighton	Chase	21/11/87	Ipswich
200m Butterfly	2:09.01	Jacob Laybourne	Northgate Bridgnorth	01/03/09	Market Drayton
100m Individual Medley	1:02.26	Christopher Fox	Wolverhampton	05/03/05	Wolverhampton
200m Individual Medley	2:10.79	Ryan Morris	City of Coventry	23/03/08	Birmingham
400m Individual Medley	4:34.55	Adam Taylor	Nuneaton & Bedworth	14/04/06	Birmingham

GIRLS.

<u>EVENT</u>	<u>TIME</u>	<u>NAME</u>	<u>CLUB</u>	<u>DATE</u>	<u>VENUE</u>
50m Freestyle	26.75	Alison Kindon	City of Birmingham	25/01/87	Leicester
100m Freestyle	56.22	Lauren Collins	Stourbridge	28/10/06	Manchester
200m Freestyle	2:02.54	Lauren Collins	City of Birmingham	15/04/06	Birmingham
400m Freestyle	4:16.02	Lauren Collins	Stourbridge	27/10/06	Manchester
800m Freestyle	8:57.25	Alice Cousins	Northgate Bridgnorth	28/02/09	Market Drayton
1500m Freestyle	17:29.88	Laura Wood	Chase	04/03/06	Wolverhampton
50m Backstroke	29.13	Alexandra Hooper	Shrewsbury	03/02/07	Harrogate
100m Backstroke	1:02.04	Alexandra Hooper	City of Birmingham	08/04/07	Birmingham
200m Backstroke	2:14.96	Alexandra Hooper	City of Birmingham	09/04/07	Birmingham
50m Breaststroke	31.99	Grace Callaghan	City of Coventry	14/08/03	Stockport
100m Breaststroke	1:08.94	Grace Callaghan	City of Coventry	17/08/03	Stockport
200m Breaststroke	2:32.61	Grace Callaghan	City of Coventry	12/12/03	Dublin
50m Butterfly	28.52	Rachael Kelly	Newcastle (Staffs)	02/11/08	Braunstone
100m Butterfly	1:02.05	Justine Clark	Leamington Spa	20/03/04	Southampton
200m Butterfly	2:16.67	Fern Davies	City of Birmingham	22/03/08	Birmingham
100m Individual Medley	1:07.46	Cara Moody	City of Birmingham	15/08/03	Stockport
200m Individual Medley	2:19.56	Sophie Caul	City of Coventry	16/12/01	Venice
400m Individual Medley	4:54.94	Sophie Caul	City of Coventry	28/05/01	Birmingham