



## National Plan for Teaching Swimming Case Studies, 2009

Name of contact	Andrew Miller
Name of centre/ Swim school/ club	Hambleton Leisure Centre
Contact address	Stonecross, North Allerton DU6 5UZ
E-mail Address	<a href="mailto:andrew.miller@hambleton.gov.uk">andrew.miller@hambleton.gov.uk</a>
Daytime phone number	01609 777070

Andrew is happy to discuss Hambleton Leisure Centre;s experience of implementing the NPTS. Before doing so, you may wish to read his following comments about the process

Do you have a full time Level 2 Teacher coordinating the swimming programme at your pool?	No – Level 1 duty manager
Were you implementing the NPTS 1997 edition	Yes
When did you start to implement the NPTS 2007 edition	Started January 2008, completed January 2009
Did you attend any CPD training and if “yes” how did you find out about the courses and were they useful? If you have not attended any of these CPD’s could you please explain why?	NPTS Overview NPTS FUNdamentals NPTS mini-polo! NPTS Flip n Fun NPTS Competitive Development  Others: Total Imersion  Comments: Fairly useful. Overview covered every course is slight waste of time. Handouts shouldn’t just be copies of handouts
Have you received sufficient resources to help you implement the new NPTS?	Yes
What other resources would you like the ASA to develop as a priority?	1. More time with business manager (now CSC) 2. DVD 8,9,10 3. Management specific seminars (often non-teachers)
Did you use the NPTS Action Plan to help you implement the NPTS? Did you do anything different?	Yes, also created own action plan highlighting timescales and implications i.e. pool IT Updates

What were the main skills gap areas with the swimmers when you transferred and how did you overcome these?	Underwater swimming / streamlining – butterfly Teacher and parent education
Based on your experience is there anything you would have done differently?	Larger training budget
Are there any best practice examples within your implementation that you could share with others? Please give summary	Strong implementation plan giving timescales and responsibilities
At what stages of the NPTS do you experience the highest dropout rate of swimmers and what (if any) interventions have you got in place to try to keep swimmers and parents involved?	Stage 5 Stage 9 competitive swimmers although scheme is still growing
Do you feel you received sufficient help from your RBM (now CSC)? How can we improve the service the ASA give you?	Don't need it, not sure how
Please could you detail if you are currently using or considering using any of the other ASA awards eg- Swim a Song/ Distance Badges?	Yes, just purchased swim a song
What would be your key recommendations to anyone who is considering implementing the new NPTS?	Do it now. Don't delay, we only did 97 NPTS for 3 years. Parent education is key. Especially if child moves to Level 5 – Stage 3
Have you noticed an improvement in your programme since moving to the new NPTS? Please can you explain any changes?	Yes. Games etc utilised better. Kids now want to come swimming.
Do you have any suggestions for CPDs or training that may support your swimming coordinator when developing your	Stage workshops for teachers i.e., 1-2, 3-4, 5-7 More Games for schools

swimming programme further?	
Are there any other comments you would like to add at this stage?	Use your instructors and their skills, without their support you won't succeed in implementing the NPTS.