

INDIVIDUAL ATHLETE SUPPORT SCHEME (IASS) POLICY

BACKGROUND

One of the four portfolio areas of the World Class Swimming Programme's Strategic Plan is the Daily Training Environment. The three key initiatives to enhance the daily training environment for athletes and coaches in Britain are:

1. Intensive Training Centres (ITC's)
2. Podium and Development Clubs (P&DC)
3. Individual Athlete Support Scheme (IASS)

The combination of these three initiatives will ensure that there is a broad reaching approach to supporting World Class swimmers and coaches in multiple locations around the country.

INDIVIDUAL ATHLETE SUPPORT SCHEME

The Individual Athlete Support Scheme is targeted at World Class Podium level swimmers who are not training at an ITC or Podium/Development Club to enhance their daily training environment via an annual package of individualised support.

Award Package

The annual package of individualised support will be developed by the athlete and their home coach and endorsed by the British Head Coach.

The IASS is aligned to the Podium level APAs and effective for the same period each year from the 1st November to 31st October.

The following IASS level of assistance is in addition to the UK Sport Athlete Personal Award (APA) and will be provided to eligible World Class Podium swimmers to support their annual package of individualised support as approved by the British Head Coach.

Podium Level	IASS Award Package
Individual A	£5,000
Individual B	£4,000
Individual C	£3,000
Relay A	£5,000
Relay B	£2,000
Relay C	£1,500

What can the annual package of Individualised Support comprise of?

The following types of assistance would be considered when presented in an annual package of individualised support to the British Head Coach:

- Warm weather training camp opportunities
- Additional Sport Science and Sport Medicine servicing in the daily training environment, for example, soft tissue massage
- Access to long course pool time
- Minor equipment that will enhance the daily training environment
- Travel support for the designated coach to attend training camps and competitions

The above are just a few general examples of what might be approved. However, the basis upon which approval will be given is that the request for funding must enhance the training and competition environment of the Podium level athlete and not replace what is already available and/or can be provided via the athlete's APA.

What are the conditions and process for accessing IASS Funding?

Firstly athletes must currently be on the World Class Podium programme. Secondly this support is subject to an uncompromised commitment to preparation for peak performance at the annual benchmark event and the trials for this event. Through this initiative the World Class Swimming Programme aims to address Podium level swimmers' individual training needs and help provide swimmers and their coaches the best possible preparation to meet their performance goals and targets.

Applications to draw down on this funding must be made to British Head Coach Dennis Pursley via a formal application process, and appropriate forms must be submitted to Dennis Pursley each time an athlete wishes to access this additional support towards their training programme.

Are Off-Shore swimmers also eligible to receive IASS funding?

Yes, Off-shore swimmers who are on the World Class Podium programme are also eligible to receive IASS funding subject to the conditions and process outline above.

ANNUAL POLICY REVIEW AND REVISIONS

The World Class Swimming Programme IASS Policy for Podium Level athletes will be reviewed on an annual basis with any revisions posted on the website by British Swimming in July each year.