

Note: Dates shown are week ending

## BRITISH SWIMMING QUADRENNIAL PLAN YEARS 2010 to 2012 (Subject to Amendments)

*RED = Open Water Events*

### 1<sup>st</sup> January to 31<sup>st</sup> December 2010

JANUARY 10		National Squad	Junior / Youth & World Class Development
2/3	18		
9/10	19		9 <sup>th</sup> & 10 <sup>th</sup> Coaches Workshop 1 venue London
16/17	20	14 <sup>th</sup> -17 <sup>th</sup> , Relay camp, UK venue TBC	Development / Talent Camps TBC
23/24	21		Development / Talent Camps TBC
30/31	22	BURNS Meet designated a British Swimming Preparation Meet , optional [30 <sup>th</sup> /31 <sup>st</sup> ]  <i>OWS TOUR to South Africa 29<sup>th</sup> January to 14/15 February</i>	BURNS Meet designated a British Swimming Preparation Meet , optional [30 <sup>th</sup> /31 <sup>st</sup> ]  <i>OWS TOUR to South Africa 29<sup>th</sup> January to 14/15 February</i>
FEBRUARY 10		National Squad	Junior / Youth & World Class Development
6/7	23	<i>OWS TOUR to South Africa 29<sup>th</sup> January to 14/15 February</i>	<i>OWS TOUR to South Africa 29<sup>th</sup> January to 14/15 February</i>
13/14	24	BUCS as a Preparation meet for named swimmers details yet to be confirmed 12-14 <sup>th</sup> , optional <i>OWS TOUR to South Africa 29<sup>th</sup> January to 14/15 February</i>	BUCS as a Preparation meet for named swimmers details yet to be confirmed 12-14 <sup>th</sup> , optional <i>OWS TOUR to South Africa 29<sup>th</sup> January to 14/15 February</i>
20/21	25	20 <sup>th</sup> & 21 <sup>st</sup> National Team dual meet GBR vs Germany in Swansea, GBR, details TBC	20 <sup>th</sup> & 21 <sup>st</sup> National Team dual meet GBR vs Germany in Swansea, GBR, details TBC
27/28	26		
MARCH 10		National Squad	Junior / Youth & World Class Development
6/7	27		
13/14	28		
20/21	29		
27/28	30	27 <sup>th</sup> & 28 <sup>th</sup> March Pre British LC training Available for 2 days 6am to 9pm Sheffield Leisure Pool	27 <sup>th</sup> & 28 <sup>th</sup> March Pre British LC training Available for 2 days 6am to 9pm Sheffield Leisure Pool
APRIL 10		National Squad	Junior / Youth & World Class Development
3/4	1	British LC Championships and/or Trials [ Mon 29 <sup>th</sup> March to Sat 3 <sup>rd</sup> April] 6 day championships  3 <sup>rd</sup> April World Class briefing for all coaches of National Squad and World Class Pathway Swimmers (Podium/Development) between heats and final session, venue to be announced, will commence 1 hour following the conclusion of the heats	British LC Championships and/or Trials [ Mon 29 <sup>th</sup> March to Sat 3 <sup>rd</sup> April] 6 day championships  3 <sup>rd</sup> April World Class briefing for all coaches of National Squad and World Class Pathway Swimmers (Podium/Development) between heats and final session, venue to be announced, will commence 1 hour following the conclusion of the heats
10/11	2		
17/18	3		
24/25	4		
MAY 10		National Squad	Junior / Youth & World Class Development
1/2	5		
8/9	6		
15/16	7	National Squad Offshore training camp (16 <sup>th</sup> -29 <sup>th</sup> May) venue Colonia Sant Jordi ,Mallorca – Required attendance for all National Squad swimmers. Travel out on the 16 <sup>th</sup> May	Coaches Workshop 2 (15-16 <sup>th</sup> )
22/23	8	National Squad Offshore training camp (16 <sup>th</sup> -29 <sup>th</sup> May) venue Colonia Sant Jordi ,Mallorca – Required attendance for all National Squad swimmers.	
29/30	9	National Squad Offshore training camp (16 <sup>th</sup> -29 <sup>th</sup> May) venue Colonia Sant Jordi ,Mallorca – Required attendance for all National Squad swimmers. Return travel on the 29 <sup>th</sup> May  <i>OWS LEN Cup 8<sup>th</sup> May Israel, travel on 2<sup>nd</sup> May return on 10<sup>th</sup> May Final World and EJC OWS selection</i>	<i>OWS LEN Cup 9<sup>th</sup> May Israel, travel on 2<sup>nd</sup> May return on 10<sup>th</sup> May Final World and EJC OWS selection</i>

**Note: Dates shown are week ending**

<b>JUNE 10</b>		<b>National Squad</b>	<b>Junior / Youth &amp; World Class Development</b>
5/6	10	Prep Meet – 7 Hills meet – Rome date TBC Mare Nostrum venues Canet, Monaco and Barcelona order and dates tbc  Prep Meet – Monaco, Mare Nostrum 5th & 6th	Mare Nostrum  Prep Meet – Monaco, Mare Nostrum 5th & 6th
12/13	11	Prep Meet – Barcelona, Mare Nostrum 9th & 10th Prep Meet – Canet ,Mare Nostrum 12th & 13th  Mare Nostrum information will be sent to Podium/Development Swimmers for applications to be made  <b>11th to 20th OWS June date tbc race/ train/ race 2xFrench cup meets: Toulouse &amp; Marseille TBC</b>	Prep Meet – Barcelona, Mare Nostrum 9th & 10th Prep Meet – Canet ,Mare Nostrum 12th & 13th  <b>11th to 20th OWS June date tbc race/ train/ race 2xFrench cup meets: Toulouse &amp; Marseille TBC</b>
19/20	12	<b>11th to 20th OWS June date tbc race/ train/ race 2xFrench cup meets: Toulouse &amp; Marseille TBC</b>	<b>11th to 20th OWS June date tbc race/ train/ race 2xFrench cup meets: Toulouse &amp; Marseille TBC</b>
26/27	13	Scottish Nationals and CWG Trials 22 <sup>nd</sup> - 27 <sup>th</sup> June	
<b>JULY 10</b>		<b>National Squad</b>	<b>Junior / Youth &amp; World Class Development</b>
3/4	14		
10/11	15	Training Pre British Open to be available one day before 6am to 9pm TBC British Open (8 <sup>th</sup> to 10 <sup>th</sup> ) Venue Manchester  <b>Travel 7<sup>th</sup> July for the 6<sup>th</sup> OWS FINA World Championships, Roberval, Canada, 15<sup>th</sup> –23<sup>rd</sup> July</b>	Training Pre British Open to be available one day before 6am to 9pm TBC British Open (8 <sup>th</sup> to 10 <sup>th</sup> ) Venue Manchester  Travel to EJC on Sun 11 <sup>th</sup> European Junior Championships – Helsinki, Finland 14 <sup>th</sup> to 18 <sup>th</sup> Return travel Mon 19 <sup>th</sup>
17/18	16	<b>The 6<sup>th</sup> OWS FINA World Championships, Roberval, Canada, 15<sup>th</sup> –23<sup>rd</sup> July</b>	Travel to EJC on Sun 11 <sup>th</sup> TBC European Junior Championships – Helsinki, Finland 14 <sup>th</sup> to 18 <sup>th</sup> Return travel Mon 19 <sup>th</sup>
24/25	17	<b>The 6<sup>th</sup> OWS FINA World Championships, Roberval, Canada, 15<sup>th</sup> –23<sup>rd</sup> July</b>  <b>London OWS training 24<sup>th</sup> &amp; 25<sup>th</sup> July</b>	<b>London OWS training 24<sup>th</sup> &amp; 25<sup>th</sup> July</b>
31/1	18	1 <sup>st</sup> Travel to European OWS Championships conducted at Lake Balaton, Hungary, European LC Championships dates 4 <sup>th</sup> to 6 <sup>th</sup> August Return travel on 7 <sup>th</sup> August  Preparation meet for CWG 29 <sup>th</sup> – 31 <sup>st</sup> TBC	Preparation meet for CWG 29 <sup>th</sup> – 31 <sup>st</sup> TBC  <b>28<sup>th</sup> travel to EJC OWS OW European Junior Open Water Championships – 31/7 and 1/8, Hoorn, Netherlands Depart 2<sup>nd</sup></b>
<b>AUGUST 10</b>		<b>National Squad</b>	<b>Junior / Youth &amp; World Class Development</b>
7/8	19	1 <sup>st</sup> Travel to European OWS Championships conducted at Lake Balaton, Hungary, European LC Championships dates 4 <sup>th</sup> to 6 <sup>th</sup> August Return travel on 7 <sup>th</sup> August  Pool Swimming team travel to Budapest on Sat 7 <sup>th</sup>  European LC Championships, Budapest Pool Swimming dates 9 <sup>th</sup> to 15 <sup>th</sup>  Return travel 16 <sup>th</sup> August	National Youth Championships [3 <sup>rd</sup> to 7 <sup>th</sup> August] TBC
14/15	20	Pool Swimming team travel to Budapest on Sat 7 <sup>th</sup>  European LC Championships, Budapest Pool Swimming dates 9 <sup>th</sup> to 15 <sup>th</sup>  Return travel 16 <sup>th</sup> August	IOC Summer Youth Olympics Singapore, 14 <sup>th</sup> -26 <sup>th</sup> August 2010 (swimming 15 <sup>th</sup> to 19 <sup>th</sup> August) attendance TBC
21/22	21	<b>OWS FINA 10K Cup TBC</b>  Training pre meet to be available 1 or 2 days TBC  ASA Senior LC Championships Final England CWG Qualification opportunity 4 days 18-21 Aug venue TBC	IOC Summer Youth Olympics Singapore, 14 <sup>th</sup> -26 <sup>th</sup> August 2010 (swimming 15 <sup>th</sup> to 19 <sup>th</sup> August) attendance TBC  Training pre meet to be available 1 or 2 days TBC  ASA Senior LC Championships Final England CWG Qualification opportunity 4 days 18-21 Aug venue TBC
28/29	22	<b>OWS FINA 10K Cup TBC</b>	

**Note: Dates shown are week ending**

<b>SEPTEMBER 10</b>		<b>National Squad</b>	<b>Junior / Youth &amp; World Class Development</b>
4/5	23		
11/12	24	Final preparation meet for CWG TBC 10 <sup>th</sup> & 11 <sup>th</sup> tentative	Final preparation meet for CWG TBC 10 <sup>th</sup> & 11 <sup>th</sup> tentative
18/19	25		
25/26	26	British Commonwealth Games Holding Camp, venue to be confirmed Travel on the 21 <sup>st</sup> camp runs to the 29 <sup>th</sup>	British Commonwealth Games Holding Camp, venue to be confirmed Travel on the 21 <sup>st</sup> camp runs to the 29 <sup>th</sup>
<b>OCTOBER 10</b>		<b>National Squad</b>	<b>Junior / Youth &amp; World Class Development</b>
2/3	1	British Commonwealth Games Holding Camp, venue and dates to be confirmed 22 <sup>nd</sup> to 30 <sup>th</sup> (travel from UK on 22 <sup>nd</sup> )  Transfer to New Delhi (30 <sup>th</sup> )  Commonwealth Games – New Delhi [3 <sup>rd</sup> to 14 <sup>th</sup> ]  Swimming dates Mon 4 <sup>th</sup> to Saturday 9 <sup>th</sup>	British Commonwealth Games Holding Camp, venue and dates to be confirmed 22 <sup>nd</sup> to 30 <sup>th</sup> (travel from UK on 22 <sup>nd</sup> )  Transfer to New Delhi (30 <sup>th</sup> )  Commonwealth Games – New Delhi [3 <sup>rd</sup> to 14 <sup>th</sup> ]  Swimming dates Mon 4 <sup>th</sup> to Saturday 9 <sup>th</sup>
9/10	2	Swimming dates Mon 4 <sup>th</sup> to Saturday 9 <sup>th</sup> <b>OWS FINA 10K Cup TBC</b>	Swimming dates Mon 4 <sup>th</sup> to Saturday 9 <sup>th</sup>
16/17	3	<b>OWS FINA 10K Cup TBC</b>	
23/24	4		
30/31	5		
<b>NOVEMBER 10</b>		<b>National Squad</b>	<b>Junior / Youth &amp; World Class Development</b>
6/7	6	FINA World Cup [Europe] tbc Moscow Stockholm Berlin Dates and venues TBC Attendance at World Cups for World Class Programme athletes by application	FINA World Cup [Europe] tbc Moscow Stockholm Berlin Dates and venues TBC Attendance at World Cups for World Class Programme athletes by application
13/14	7	Annual National Squad Meeting and Coaches briefing, Incorporating the Sports Science & Sports Medicine workshops for National Squad Coaches and SS/SM Staff All arrive on the 12 <sup>th</sup> , swimmer depart on the 13 <sup>th</sup> , and staff depart on the 14 <sup>th</sup> Required attendance for all National Squad swimmers/coaches	
20/21	8		
27/28	9	European SC Championships 25 <sup>th</sup> – 28 <sup>th</sup> GBR participation TBC	European SC Championships 25 <sup>th</sup> – 28 <sup>th</sup> GBR participation TBC
<b>DECEMBER 10</b>		<b>National Squad</b>	<b>Junior / Youth &amp; World Class Development</b>
4/5	10	<b>Open Water Orientation Day, Loughborough [tbc]</b>	<b>Open Water Orientation Day, Loughborough [tbc]</b>
11/12	11		
18/19	12	World SC Championships– 15 <sup>th</sup> -19 <sup>th</sup> Dubai, UAE	World SC Championships– 15 <sup>th</sup> -19 <sup>th</sup> Dubai, UAE
25/26	13		

**Note: Dates shown are week ending**

**1st January 2011 to 31st December 2011**

<b>JANUARY 11</b>		<b>National Squad</b>	<b>Junior / Youth &amp; World Class Development</b>
1/2	14		
8/9	15		Coaches Workshop 1 [7 <sup>th</sup> to 9 <sup>th</sup> ] tbc
15/16	16	BURNS MEET British Swimming Preparation Meet , optional Dates 15 <sup>th</sup> & 16 <sup>th</sup>	Development / Talent Camps – TBC  BURNS MEET British Swimming Preparation Meet , optional Dates 15 <sup>th</sup> & 16 <sup>th</sup>
22/23	17	<b>OWS FINA World Cup [tbc]</b>	Development / Talent Camps – TBC
29/30	18		
<b>FEBRUARY 11</b>		<b>National Squad</b>	<b>Junior / Youth &amp; World Class Development</b>
5/6	19	National Team dual meet vs Germany (in Germany) <b>DATES TBC 5<sup>th</sup> &amp; 6<sup>th</sup></b>	
12/13	20	Possible BUCS as a Prep meet yet to be confirmed 11-13 <sup>th</sup> Optional	Possible BUCS as a Prep meet yet to be confirmed 11-13 <sup>th</sup> Optional
19/20	21		
26/27	22		
<b>MARCH 11</b>		<b>National Squad</b>	<b>Junior / Youth &amp; World Class Development</b>
5/6	23	3 <sup>rd</sup> & 4 <sup>th</sup> Pre British LC training Available for 2 days prior to Championships 6am to 9pm  British Long Course Championships and or trials [Sat 5 <sup>th</sup> – Sat 12 <sup>th</sup> ] 8 days trails and/or championships	3 <sup>rd</sup> & 4 <sup>th</sup> Pre British LC training Available for 2 days prior to Championships 6am to 9pm  British Long Course Championships and or trials [Sat 5 <sup>th</sup> – Sat 12 <sup>th</sup> ] 8 days trails and/or championships
12/13	24	British Long Course Championships and or trials [Sat 5 <sup>th</sup> – Sat 12 <sup>th</sup> ] 8 days trails and/or championships  12 <sup>th</sup> World Class briefing for all coaches of National Squad and World Class Pathway Swimmers (Podium/Development) between heats and final session, venue to be announced, will commence 1 hour following the conclusion of the heats	British Long Course Championships and or trials [Sat 5 <sup>th</sup> – Sat 12 <sup>th</sup> ] 8 days trails and/or championships  12 <sup>th</sup> World Class briefing for all coaches of National Squad and World Class Pathway Swimmers (Podium/Development) between heats and final session, venue to be announced, will commence 1 hour following the conclusion of the heats
19/20	25		
26/27	1		
<b>APRIL 11</b>		<b>National Squad</b>	<b>Junior / Youth &amp; World Class Development</b>
2/3	2		
9/10	3		
16/17	4	14 <sup>th</sup> -17 <sup>th</sup> April, Relay camp, venue Colonia Sant Jordi ,Mallorca or UK venue TBC	
23/24	5		
30/1	6	National Squad Camp – [1 <sup>st</sup> – 14 <sup>th</sup> ] – venue Paphos, Cyprus– Required attendance for all National Squad swimmers, travel out on the 1 <sup>st</sup> May, return travel on the 14 <sup>th</sup> May	
<b>MAY 11</b>		<b>National Squad</b>	<b>Junior / Youth &amp; World Class Development</b>
7/8	7	National Squad Camp – [1 <sup>st</sup> – 14 <sup>th</sup> ] – venue TBC – Required attendance for all National Squad swimmers, travel out on the 1 <sup>st</sup> May, return travel on the 14 <sup>th</sup> May	
14/15	8	National Squad Camp – [1 <sup>st</sup> – 14 <sup>th</sup> ] – venue Paphos, Cyprus– Required attendance for all National Squad swimmers, travel out on the 1 <sup>st</sup> May, return travel on the 14 <sup>th</sup> May	Coaches Workshop 2 – tba
21/22	9	Prep Meet 2 British Open [19 <sup>th</sup> to 21 <sup>th</sup> ] tbc  <b>OWS LEN Cup 1 date and venue TBC– Final World and EJC OWS selection tbc</b>	Prep Meet British Open [19 <sup>th</sup> to 21 <sup>th</sup> ] tbc  <b>OWS LEN Cup 1 date and venue TBC– Final World and EJC OWS selection tbc</b>
28/29	10		

**Note: Dates shown are week ending**

<b>JUNE 11</b>		<b>National Squad</b>	<b>Junior / Youth &amp; World Class Development</b>
4/5	11	Prep Meet – Canet ,Mare Nostrum 4 <sup>th</sup> & 5 <sup>th</sup>	
11/12	12	Prep Meet – Barcelona, Mare Nostrum 8 <sup>th</sup> & 9 <sup>th</sup> Prep Meet – Monaco ,Mare Nostrum 11 <sup>th</sup> & 12 <sup>th</sup>  Mare Nostrum information will be sent to Podium/Development Swimmers for applications to be made	OWS June date tbc race/ train/ race 2xFrench cup meets: Toulouse & Marseille TBC
18/19	13	Training pre meet to be available 1 or 2 days TBC  ASA Senior LC Championships - Prep Meet 3 – Final World LC Qualification 15 <sup>th</sup> -18 <sup>th</sup> h - 4 days Venue TBC  OWS LEN Cup 2 date and venue TBC	Training pre meet to be available 1 or 2 days TBC  ASA Senior LC Championships - Prep Meet 3 – Final World LC Qualification 15 <sup>th</sup> -18 <sup>th</sup> h - 4 days Venue TBC
25/26	14		
<b>JULY 11</b>		<b>National Squad</b>	<b>Junior / Youth &amp; World Class Development</b>
2/3	15		OW European Junior Open Water Championships – tbc
9/10	16		
16/17	17	12 <sup>th</sup> to 20 <sup>th</sup> Holding Camp, venue TBC 8 nights Depart UK on the 12 <sup>th</sup> Depart to Shanghai from holding camp on the 20 <sup>th</sup>  7 <sup>th</sup> to 14 <sup>th</sup> OWS Holding camp TBC OW FINA World Championships – Shanghai [16 <sup>th</sup> ]	European Junior Championships – dates and venue tbc,
23/24	18	12 <sup>th</sup> to 20 <sup>th</sup> Holding Camp, venue TBC 8 nights Depart UK on the 12 <sup>th</sup> Depart to Shanghai from holding camp on the 20 <sup>th</sup>  20 <sup>th</sup> to 24 <sup>th</sup> Final preparation in Shanghai  World LC Championships [19 <sup>th</sup> to 31 <sup>st</sup> July] – Shanghai dates tbc Pool events assumed to be the final 8 days therefore 24 <sup>th</sup> to 31 <sup>st</sup> July	European Youth Olympic Festival – 23 <sup>rd</sup> to 30 <sup>th</sup> July Trabzon, Turkey – Swimming dates 25 <sup>th</sup> to 29 <sup>th</sup> with the 27 <sup>th</sup> a day off
30/31	19	World LC Championships [19 <sup>th</sup> to 31 <sup>st</sup> July] – Shanghai dates tbc Pool events assumed to be the final 8 days therefore 24 <sup>th</sup> to 31 <sup>st</sup> July  Tri Nations meet in GBR, proposed dated 30 <sup>th</sup> & 31 <sup>st</sup> July TBC	European Youth Olympic Festival – 23 <sup>rd</sup> to 30 <sup>th</sup> July Trabzon, Turkey – Swimming dates 25 <sup>th</sup> to 29 <sup>th</sup> with the 27 <sup>th</sup> a day off  ASA National Youth Championships [27 <sup>th</sup> – 31 <sup>st</sup> ]  Tri Nations meet in GBR, proposed dated 30 <sup>th</sup> & 31 <sup>st</sup> July TBC
<b>AUGUST 11</b>		<b>National Squad</b>	<b>Junior / Youth &amp; World Class Development</b>
6/7	20	Pre meet training to be available for full day before SC TBC 6am to 9pm British Gas Swimming Grand Prix (25m) (4 <sup>th</sup> -7 <sup>th</sup> ) Venue and date TBC	Pre meet training to be available for full day before SC TBC 6am to 9pm British Gas Swimming Grand Prix (25m) (4 <sup>th</sup> -7 <sup>th</sup> ) Venue and date TBC
13/14		World University Games – Shenzhen, China 12 <sup>th</sup> –22 <sup>nd</sup> TBC, swimming dates TBC FINA Open Water Event & GBR Championships – London, at the Serpentine date tbc approx 1 or 2 weeks post Shanghai	
20/21		World University Games – Shenzhen, China 12 <sup>th</sup> –22 <sup>nd</sup> TBC, swimming dates TBC OWS FINA 10K Cup TBC	
27/28		LEN European OWS Championships venue and date TBC	World Junior Championships – venue Lima, Peru and date at end of August TBC
<b>SEPTEMBER 11</b>		<b>National Squad</b>	<b>Junior / Youth &amp; World Class Development</b>
31/4	1		Early September Altitude Camp 7-10 days, venue/date TBC
10/11	2		
17/18	3		
24/25	4	29 <sup>th</sup> Sept-2 <sup>nd</sup> Oct Relay Camp, Mallorca, TBC	

**Note: Dates shown are week ending**

<b>OCTOBER 11</b>		<b>National Squad</b>	<b>Junior / Youth &amp; World Class Development</b>
1/2	5	29 <sup>th</sup> Sept-2 <sup>nd</sup> Oct Relay Camp, Mallorca, TBC	
8/9	6	OWS FINA 10K Cup TBC	
15/16	7	OWS FINA 10K Cup TBC	
22/23	8	Annual National Squad Meeting and Coaches briefing, Incorporating the Sports Science & Sports Medicine workshops for National Squad Coaches and SS/SM Staff All Arrive on 21 <sup>st</sup> , Swimmers depart on 22 <sup>nd</sup> , Staff depart 23 <sup>rd</sup> Required attendance for all National Squad swimmers/coaches	
29/30	9		
<b>NOVEMBER 11</b>		<b>National Squad</b>	<b>Junior / Youth &amp; World Class Development</b>
5/6	10		
12/13	11	FINA World Cup [Europe] tbc Moscow Stockholm Berlin Dates and venues TBC Attendance at World Cups for World Class Programme athletes by application	FINA World Cup [Europe] tbc Moscow Stockholm Berlin Dates and venues TBC Attendance at World Cups for World Class Programme athletes by application
19/20	12		
26/27	13		
<b>DECEMBER 11</b>		<b>National Squad</b>	<b>Junior / Youth &amp; World Class Development</b>
3/4	14		
10/11	15	European SC Championships [8 <sup>TH</sup> TO 11 <sup>TH</sup> ] venue TBC	European SC Championships [8 <sup>TH</sup> TO 11 <sup>TH</sup> ] venue TBC
17/18	16	Open Water Orientation Day, Loughborough [tbc]	Open Water Orientation Day, Loughborough [tbc]
24/25	17		

**Note: Dates shown are week ending**  
**1<sup>st</sup> January 2012 to 31<sup>st</sup> August 2012**

JANUARY 12		National Squad	Junior / Youth & World Class Development
31/1	18		
7/8	19		6 <sup>th</sup> –8 <sup>th</sup> Coaches Workshop 1 - TBC
14/15	20	BURNS MEET Preparation Meet Dates TBC current 14/15 or 28/29 TBC optional	Development & Talent Camps TBC  BURNS MEET Preparation Meet Dates TBC current 14/15 or 28/29 TBC optional
21/22	21	<b>OWS FINA World Cup [tbc]</b>	Development & Talent Camps – TBC
28/29	22	BURNS MEET Preparation Meet Dates TBC current 14/15 or 28/29 TBC optional	BURNS MEET Preparation Meet Dates TBC current 14/15 or 28/29 TBC optional
FEBRUARY 12		National Squad	Junior / Youth & World Class Development
4/5	23	National Team Duel Meet GBR vs Germany in GBR <b>[DATES TBC 4<sup>th</sup> &amp; 5<sup>th</sup>]</b>	
11/12	24	Possible BUCS as a Prep meet yet to be confirmed optional	Possible BUCS as a Prep meet yet to be confirmed optional
18/19	25		
25/26	26		
MARCH 12		National Squad	Junior / Youth & World Class Development
3/4	27	Pre Olympic trails training to be available for 2 full days prior to the event commencing 6am to 9pm, 1 <sup>st</sup> & 2 <sup>nd</sup>  British LC Championships and or Olympic Trials [Sat 3 <sup>rd</sup> Mar' to Sat 10 <sup>th</sup> March] 8 days to Mirror Olympics, venue TBC	Pre Olympic trails training to be available for 2 full days prior to the event commencing 6am to 9pm, 1 <sup>st</sup> & 2 <sup>nd</sup>  British LC Championships and or Olympic Trials [Sat 3 <sup>rd</sup> Mar' to Sat 10 <sup>th</sup> March] 8 days to Mirror Olympics, venue TBC
10/11	28	British LC Championships and or Olympic Trials [Sat 3 <sup>rd</sup> Mar' to Sat 10 <sup>th</sup> March] 8 days to Mirror Olympics, venue TBC  Olympic Briefing Swimmers and Coaches (11 <sup>th</sup> )	British LC Championships and or Olympic Trials [Sat 3 <sup>rd</sup> Mar' to Sat 10 <sup>th</sup> March] 8 days to Mirror Olympics, venue TBC  Olympic Briefing Swimmers and Coaches (11 <sup>th</sup> )
17/18	29		
24/25	30		
31/1	1		
APRIL 12		National Squad	Junior / Youth & World Class Development
7/8	2		
14/15	3		
21/22	4		
28/29	5	[29 <sup>th</sup> April to 12 <sup>th</sup> May) National Squad Camp, Olympic venue if possible or warm weather venue) Required attendance for all National Squad swimmers	
MAY 12		National Squad	Junior / Youth & World Class Development
5/6	6	<b>OWS FINA World Championships and Olympic Qualification Venue and date TBC</b>  [29 <sup>th</sup> April to 12 <sup>th</sup> May) National Squad Camp, Olympic venue if possible or warm weather venue) Required attendance for all National Squad swimmers	
12/13	7	[29 <sup>th</sup> April to 12 <sup>th</sup> May) National Squad Camp, Olympic venue if possible or warm weather venue) Required attendance for all National Squad swimmers	
19/20	8	<b>OWS LEN Cup 1 date and venue TBC Final EJC OWS selection tbc</b>	Coaches Workshop 2 tbc
26/27	9	<b>Final Olympic OWS Qualification TBC</b>  Training Available pre British open for the day before Prep Meet 2 British Open [24 <sup>th</sup> -26 <sup>th</sup> TBC } TBC TEST EVENT	Training Available pre British open for the day before  Prep Meet 2 British Open [24 <sup>th</sup> -26 <sup>th</sup> TBC } CLOSED FOR GB SWIMMERS ONLY TEST EVENT

**Note: Dates shown are week ending**

<b>JUNE 12</b>		<b>National Squad</b>	<b>Junior / Youth &amp; World Class Development</b>
2/3	10		ASA National Youth Championships 28 <sup>th</sup> May to 1 <sup>st</sup> June <b>Dates amended so no Olympic Clash in 2012</b>
9/10	11	Prep Meet – Monaco, Mare Nostrum 3 <sup>rd</sup> & 4 <sup>th</sup> Prep Meet – Barcelona, Mare Nostrum 7 <sup>th</sup> & 8 <sup>th</sup> Prep Meet – Canet ,Mare Nostrum 10 <sup>th</sup> & 11 <sup>th</sup>  Mare Nostrum information will be sent to Podium/Development Swimmers for applications to be made	
16/17	12	Prep Meet – Monaco, Mare Nostrum 3 <sup>rd</sup> & 4 <sup>th</sup> Prep Meet – Barcelona, Mare Nostrum 7 <sup>th</sup> & 8 <sup>th</sup> Prep Meet – Canet ,Mare Nostrum 10 <sup>th</sup> & 11 <sup>th</sup>  Mare Nostrum information will be sent to Podium/Development Swimmers for applications to be made  <b>OWS June date tbc race/ train/ race 2xFrench cup meets: Toulouse &amp; Marseille TBC</b>	<b>OWS June date tbc race/ train/ race 2xFrench cup meets: Toulouse &amp; Marseille TBC</b>
23/24	13	Training pre meet to be available 1 or 2 days TBC  ASA Senior LC Championships - Prep meet or Final Olympic Qualification 4 day meet Wed 20 <sup>th</sup> – Sat 23 <sup>rd</sup> June – venue TBC	Training pre meet to be available 1 or 2 days TBC  ASA Senior LC Championships - Prep meet or Final Olympic Qualification 4 day meet Wed 20 <sup>th</sup> – Sat 23 <sup>rd</sup> June – venue TBC
30/1	14		
<b>JULY 12</b>		<b>National Squad</b>	<b>Junior / Youth &amp; World Class Development</b>
7/8	15	<b>OWS LEN Cup 3 date and venue TBC</b>	<b>OW European Junior Open Water Championships – tbc</b>
14/15	16	14 <sup>th</sup> July to Aldershot for BOA Holding Camp processing and Olympic kit 14 <sup>th</sup> July travel Aldershot to Olympic village for 3 nights [14 <sup>th</sup> to 17 <sup>th</sup> ] 17 <sup>th</sup> July to Olympic Holding Camp Mallorca	European Junior Championships venue and date tbc
21/22	17	Travel to British Swimming holding camp venue Pool and <b>OWS</b> [17 <sup>th</sup> travel day]  Holding Camp Mallorca (7 nights) [ 17 <sup>th</sup> to 24 <sup>th</sup> ]	
28/29	18	Holding Camp Mallorca (7 nights) [ 17 <sup>th</sup> to 24 <sup>th</sup> ]  Travel to London [24 <sup>th</sup> ]  Final Preparation in Olympic Village [24 <sup>th</sup> to 27 <sup>th</sup> ]  Olympic Games – Pool Swimming [28 <sup>th</sup> Jul ' to 4 <sup>th</sup> Aug']	
<b>AUGUST 12</b>		<b>National Squad</b>	<b>Junior / Youth &amp; World Class Development</b>
4/5	19	Olympic Games – Pool Swimming [28 <sup>th</sup> Jul ' to 4 <sup>th</sup> Aug']	
11/12	20	<b>Olympic Games – Open Water [10<sup>th</sup> to 11<sup>th</sup> Aug] assumed dates based on 2008 tbc</b>	
18/19		<b>OWS FINA 10K Cup TBC</b>	
25/26		<b>OWS FINA 10K Cup TBC</b>	
<b>SEPTEMBER 12</b>		<b>National Squad</b>	<b>Junior / Youth &amp; World Class Development</b>
1/2	1		
8/9	2	<b>OWS European Championships TBC</b>	
15/16	3		
22/23	4		
29/30	5		
<b>OCTOBER 12</b>		<b>National Squad</b>	<b>Junior / Youth &amp; World Class Development</b>
6/7	6		
13/14	7	<b>OWS FINA 10K Cup TBC</b>	
20/21	8	<b>OWS FINA 10K Cup TBC</b>	
27/28	9	Annual National Squad Meeting and Coaches briefing, Incorporating the Sports Science & Sports Medicine workshops for National Squad Coaches and SS/SM Staff All Arrive on 26 <sup>th</sup> , Swimmers depart on 27 <sup>th</sup> PM Staff depart on 28 <sup>th</sup> PM Depart Required attendance for all National Squad swimmers/coaches	

**Note: Dates shown are week ending**

<b>NOVEMBER 12</b>		<b>National Squad</b>	<b>Junior / Youth &amp; World Class Development</b>
3/4	10		
10/11	11	FINA World Cup [Europe] tbc Moscow Stockholm Berlin Dates and venues TBC  By Application for World Class Swimmers	FINA World Cup [Europe] tbc Moscow Stockholm Berlin Dates and venues TBC  By Application for World Class Swimmers
17/18	12		
24/25	13	European SC Championships 22 <sup>nd</sup> – 25 <sup>th</sup> tbc, venue TBC	European SC Championships 22 <sup>nd</sup> – 25 <sup>th</sup> tbc, venue TBC
<b>DECEMBER 12</b>		<b>National Squad</b>	<b>Junior / Youth &amp; World Class Development</b>
1/2	14		
8/9	15	Open Water Orientation Day, Loughborough [tbc]	Open Water Orientation Day, Loughborough [tbc]
15/16	16	FINA World Short Course 12 <sup>th</sup> –16 <sup>th</sup> venue and TBC	FINA World Short Course 12 <sup>th</sup> –16 <sup>th</sup> venue and TBC
22/23	17		
29/30	18		

Note European Open Water Championships in 2012 may be separate to the European LC Championships as in 2012.

**Note: Dates shown are week ending**

## **BRITISH SWIMMING – FUTURE PLANNING POST 2012 – dates to be inserted when known**

From 2013 it is proposed (not yet confirmed) that the European SC Championships becomes a biannual event in odd years, still taking place in December. This is due to the World SC Championships moving to a December date in even years.

### **2013**

British LC Championships window of dates Sat 2/3/12 to Sat 13/4/12 TBC

European Junior Championships

European Junior Open Water Championships

European Youth Olympic Festival

FINA World LC Championships, Dubai, UAE – dates assumed to be last week of July Sun 28<sup>th</sup> to Sun 4<sup>th</sup> August TBC

World Junior Championships

European SC Championships (proposed alternate years from 2013 onwards)

### **2014**

FINA World Open Water Championships

European LC Championships

European Junior Championships

European Junior Open Water Championships

Commonwealth Games, Glasgow

World SC Championships

### **2015**

European Junior Championships

European Junior Open Water Championships

European Youth Olympic Festival

FINA World LC Championships

World Junior Championships

Commonwealth Youth Games, Apia, Samoa, 14<sup>th</sup> to 20<sup>th</sup> September

European SC Championships

### **2016**

European LC Championships

FINA World Open Water Championships

European Junior Championships

European Junior Open Water Championships

Olympic Games

World SC Championships