



British Gas Synchronised Swimming Championships & British Gas ASA National Age Groups 2009

General Information

Please read the information below carefully and in full as there are some important changes to this years Championships and the way in which you can pay and enter.

The Venue

GL1 Leisure Centre
Bruton Way
Gloucester
GL1 IDT
Tel: 0845 643 4203

Schedule

The schedule will be finalised on the British Swimming website once all entries have been received. Please see below the provisional start times:

Friday 4th December:

Saturday 5th December:

Sunday 6th December:

Training and Warm up

Training will be available on Thursday 3rd December at GL1 Leisure Centre in the main Barton Pool. Training will only be available from 3pm – 9pm. This will be an open training session. Scheduled warm up times will be confirmed in the competitor confirmation pack.

Entries

Entries will be accepted only if they reach the Events Office by **5.00pm on Friday 6th November.**

All entries must be made on the official entry form or a photocopy thereof. Please ensure that sufficient time has been allowed for entries to reach the office before the deadline. Completed forms should be sent to Claire Whitfield, Events Office, 41 Granby Street, Loughborough, Leicestershire, LE11 3DU. Entries should be sent by Special Delivery to ensure receipt. It is regretted that entries sent without entry fees or those incorrectly completed WILL NOT be accepted.

Please note that confirmations will not be sent out

Please make sure for each entry form filled out that you sign and attach the declaration form, this is essential. Any entries received without this attached will not be accepted. The declaration form can be found after all of the entry forms, a separate declaration form will be required for each entry.

Passport Photographs

Each athlete is required to provide the events department with a recent passport sized photograph. These are needed for the athlete's accreditation which allows them access on to the poolside. Failure to supply photograph with the entry forms will result in the entry forms being invalid and therefore not accepted.

Competitor Confirmations

Final competitor confirmations along with the order of draw will be published on the British Swimming website www.britishswimming.org approx one week before the Championships, these will not be sent out to individuals or clubs.

Entry Fees

Please find below the entry fees for each competition. Please make all cheques payable to "British Swimming".

ASA National Age Groups

Individual Figure – £9.75

Solo - £9.75

Duet - £9.75 per athlete

Team - £25.25 per team

Free Combination - £25.25 per team

British Championships

Solo - £9.75

Duet - £9.75 per athlete

Team - £28.25 per team

Free Combination - £28.25 per team

Event Conditions

Please read the event conditions. There two separate conditions. One set relates to the ASA National Age Groups and the other to the British Championships. The conditions contain vital information relating to the event.

Coach & Chaperone Passes

Any coaches wishing to gain access to the changing area and poolside will need to apply for a Coach / Chaperone pass. The application form can be found within this entry pack. Please read the form carefully. A coach / chaperone pass will cost £5 per pass.

Any person wishing to apply for a coach / chaperone pass must have a valid CRB check through The ASA. Please read details on the application form carefully.

Competitor Information

Every year we try to improve and enhance the events in order to make them an enjoyable experience for both the competitors and the spectators. At this year's Championships we are hoping to use Event Radios. Each paying spectator on Friday afternoon through to Sunday will receive a radio ear piece which will be linked to some commentary provided by Adele Carlsen who is the Technical Programmes Manager for British Synchronised Swimming. In order for Adele to provide some interesting commentary it would be extremely useful if some biographical information could be provided on the athletes taking place in the Championships. Please take some time to fill in the form which you will find within this entry pack. This can be sent back to the Events Department at the same time as the Entry Forms.

Doping Control

Swimmers are warned that random doping control may take place during these Championships. Please ensure that you bring with you to the Championships your passport or other form of identity, which incorporates your photograph.

Video and Photography

The Association is becoming increasingly concerned about the new wave of **mobile telephones with a photographic capability**, enabling the capture of both static & moving images. Used responsibly, such devices are perfectly safe, but sharing images widely may betray a confidence or even an identity & such information may help those who might want to harm children. The use of such equipment is difficult to control but we can all be vigilant & **if you have any concerns in this area, please bring them to the attention of someone responsible.**

This event will be photographed and videoed. Static images will be displayed on the website www.britishswimming.org at the venue and used to promote the sport at this event and events in the future. Moving images will be displayed at the venue and used to produce DVD's which will be sold at the event. British swimming and the ASA work closely with our experts to ensure that in making these images available to enhance the presentation of the event; we are not putting any children at risk in any way. If you have any concerns please refer to ASA Wavepower document, section 6, pages 60-62. The document can be found at www.britishswimming.org.

The following is taken from the new ASA Data Protection notice and relates to photography and video images for all events.

Recording images: The ASA and British Swimming may record the competition events in which you participate and general images of swimmers will form part of the information we hold and use. In addition to the purposes for general information set out above, the ASA and/or British Swimming may use these recordings and images for the purposes of education and training, swimmer analysis, performance, development, selection and event promotion.

If you have any concerns with your child being photographed at our events please see the Refusal of Consent form at the end of the entry pack.

CLOSING DATE: FRIDAY 6TH NOVEMBER

**NO CONFIRMATIONS WILL BE SENT OUT. CONFIRMATIONS
AND ORDER OF DRAW WILL BE FOUND ON THE BRITISH
SWIMMING WEBSITE: www.britishswimming.org**



British Gas ASA National Age Group Synchronised Swimming Championships 2009

Event Information

Date: 4th – 6th December 2009

Venue: GL1 Leisure Centre

Entry forms may be obtained from the British Swimming Website – www.britishswimming.org

GENERAL CHAMPIONSHIP CONDITIONS – All Disciplines

1. ASA Championships and competitions shall be competed for under the Laws, Rules, Regulations and Championship Conditions of the Association.
2. The promoter of each ASA Championship or competition shall be the appropriate ASA Technical Committee.
3. The individual event conditions may not include any conditions, which affect the event conditions of another discipline.
4. All competitors shall have been registered members of the club under whose name they compete for at least 60 days prior to the first day of the competition.

SWIM WEAR

FINA rules shall apply

GR5.1 The swimwear (swimsuit, cap and goggles) of all competitors shall be in good moral taste and suitable for the individual sports disciplines and not to carry any symbol which may be considered offensive.

GR5.2 All costumes shall be non-transparent

GR5.4 The Referee of a competition has the authority to exclude any competitor(s) whose costume and/or body symbols do not comply with this rule.

SS13.5 In Routines the swimwear must conform to GR5 and be appropriate for synchronised swimming competitions. The use of accessory equipment, goggles or additional clothing is not permitted unless required by medical reason. Nose clips or plugs may be worn.

SS13.5.1 In the event that the referee thinks a competitor(s) swimwear does not conform to GR5 and SS13.5, the competitor(s) will not be permitted to compete until changing into appropriate swimwear.

Figure Competitions

All competitors must wear a one-piece plain black suit and plain white cap. Goggles and nose clips may be worn. Jewellery is not allowed.

British Gas ASA National Age Group Synchronised Swimming Championships
Conditions

1. The Championships shall be held annually, under ASA Synchronised Swimming Laws (701 et seq) Technical Rules and as provided by the following conditions.
2. The promotion of the championships shall be the responsibility of the ASA Synchronised Swimming Committee, which shall for all purposes be regarded as the Promoter. It shall decide any matter arising that is not covered by these conditions, subject to conformity with ASA Laws.
3. The organisation shall be the responsibility of a Management Committee appointed by the Region in which the competitions are being held, upon which the ASA Synchronised Swimming Committee shall be represented.
4. All officials shall be qualified and appointed from the ASA Synchronised Swimming Officials List.
5. The Referee shall be approved by the ASA Synchronised Swimming Committee.
6. The date and venue of the championships shall be decided by the ASA Committee on the recommendations of the ASA Synchronised Swimming Committee.
7. The competition events shall be divided into two strands: **Competitive** and **Recreational**.
 - a. **Competitive** shall consist of figures, solo, duet and free team
 - b. **Recreational** shall consist of combination and 18-19 duets only
8. In the event of there being more than 75 entries in any one section of the competition, the Synchronised Swimming Committee may reduce to three the number of figures to be performed in that Age Group.
9. **Competitors may only enter one team event. Free Team in competitive strand and combination in recreational event .**

10. Entry Qualifications for the Competitive Strand

- 10.1. The Age Groups shall be as outlined below:
 - 10.1.1 Age as at midnight on the 31 December in the year of competition.
 - 10.1.2 **Competitors to swim in figures, solo & duet – if eligible, and ONE team only.**
 - 10.1.3 12 years & Under having a minimum of ASA Skill Level 2 for figures and team and ASA Skill Level 3 for solo and duet.
 - 10.1.4 13/14 years having a minimum of ASA Skill Level 3 for figures and team and ASA Skill Level 4 for solo and duet.
 - 10.1.5 15/16/17 years having a minimum of ASA Skill Level 4 for figures and team and ASA Skill Level 5 for Solo and duet.
 - 10.1.6 18/19 years having ASA Skill Level 5
 - 10.1.7 Qualifying Skills must have been attained by the closing date for the competition.

Entry Qualifications for the Recreational Strand

- 10.2 The Age Groups shall be as outlined below
 - 10.2.1 Age as at midnight on the 31 December in the year of competition
 - 10.2.2 **Competitors to swim in figures if eligible, recreational duet (18/19 years) and swim in one team only.**
 - 10.2.3 **No skill entry is required.**
 - 10.2.4 All Age group combinations to consist of up to 50% of competitive Swimmers, but no more than three (3) competitive swimmers, i.e. 12 & under skill 2+, 13/14 skill 3+, 15/17 skill 4+.
 - 10.2.5 19 & under combination to consist of up to 50% of competitive swimmers (12 & under skill 2+, 13/14 skill 3+, 15/17 skill 4+, 18/19 skill 5) but no more than three (3) eligible to enter skill 5 or skill 4 swimmers in the recreational team.

Event Table

Age	Skill Level Entry	Events	Times 10secs deck work +/- 15secs
12 years and under Competitive	Skill Level 2 Skill Level 2 Skill Level 3 Skill Level 3	Figures Free Team Solo Duet	- 3 mins 2 mins 2 mins 30secs
12 years & under Recreational	No Skill required	Combination	3 mins
13/14 years Competitive	Skill Level 3 Skill Level 3 Skill Level 4 Skill Level 4	Figures Free Team Solo Duet	- 3 mins 30 secs 2 mins 30 secs 3 mins
13/14 years Recreational	No Skill required	Combination	3 mins 30 secs
15-17 years Competitive	Skill Level 4 Skill Level 4 Skill Level 5 Skill Level 5	Figures Free Team Solo Duet	- 4 mins 3 mins 3 mins 30 secs
15-17 years Recreational	No Skill required	Combination	3 mins 30 secs
18-19 years Competitive	Skill Level 5 Skill Level 5	Figures Duet	- 3 mins 30 secs
18-19 years Recreational	No Skill required	Duet	3 mins 30 secs
19 years & under Recreational	No Skill required	Combination	3 mins 30 secs

10.3 Entry Requirements for all Team and Combination Competitions:

- 10.3.1 In both the competitive strand and recreational strand, clubs may enter one or more teams. If Clubs enter more than one Free Team the first entry must have the maximum 8 competitors.
- 10.3.2 Clubs may enter a competitive strand in one age group and a recreational strand in another age group or a competitive strand and a recreational strand in the same age Group.
- 10.3.3 Order of appearance for routines in the competitive strand will be by container draw and routines for the recreational strand will be by random draw.
- 10.3.4 A team shall consist of not less than four (4) nor more than eight (8) for free routines and not less than four (4) nor more than ten (10) for combinations

- 11 Closing date will be 28 days prior to the competition.
- 12 Competitors must be Category 2 registered swimmers of the ASA for the competitive strand and may be Category 1 for Recreational providing they are Skill Level 2 or less.
- 13 Competitors in duets and teams must be members of the same club.

Figures

- 14 Each age group shall perform the compulsory group plus one group drawn from groups as stated for solo, duet and team in the competitive strand only.

12 years and under

Compulsory:

101 Ballet Leg Single 1.6
360 Walkover Front 2.1

Group 2

355 Porpoise 1.9
401 Swordfish 2.0

Group 1

321 Somersub 2.0
315 Kipnus 1.6

Group 3

344 Neptunus 1.8
301 Barracuda 2.0

13-14 years

Compulsory

420	Walkover Back	2.0
355e	Porpoise Spinning 360	2.1

Group 2

240	Albatross	2.2
345	Catalina Reverse	2.1

15-17 years

Compulsory

313	Kip Split Closing 180	2.5
112f	Ibis Continuous Spin (720)	2.8

Group 2

355b	Porpoise Full Twist	2.5
150	Knight	3.1

Group 1

342	Heron	2.1
311a	Kip ½ Twist	2.2

Group 3

301d	Barracuda Spin 108°	2.1
140	Flamingo Bent Knee	2.4

Group 1

336	Gaviata Open 180	2.8
436	Cyclone	2.5

Group 3

307	Flying Fish	3.0
115c	Catalina Twirl	2.7

15. Routines

- 15.1 The names of the swimmers competing in the free duets and teams must be submitted to the Referee in writing within two hours of the figure results being available (in the case of the competitive strand) or at such times as stated in advance by the organising committee. Changes after this time may only be made in the case of sudden illness or accident of the competitor, and if the reserve is ready to compete without delaying the event.
- 15.2 If the lack of a reserve reduces the team size to less than four (4) the team shall be disqualified.
- 15.3 Failure to notify the Referee of substitution and/or scratches according to 12.1 shall result in disqualification.
- 15.4 The results of the figure competition will be used to qualify for entry to the Solo, Duet and Team routines in the competitive strand as follows:
- 15.5 The highest placed 8 competitors in figures, with the relevant skill level, will perform solos and the highest placed 6 duets with combined figure scores, with the relevant skill level, will perform their free duet routine. All teams will swim.

Combination Conditions

Combination has a maximum of ten (10) competitors who make a combination of routines (Solos, Duets, Trios, Teams). At least two (2) parts must have fewer than three (3) competitors and at least two (2) parts must have four (4) to ten (10) competitors.

Start of first part of the routine may be on the deck or in the water.

All of the following parts must start in the water.

A new part begins where the previous part ends.

From the result of the National Age Groups the following trophies will be awarded:

12& under Team (combined figure and routine score)	The Margaret Coyne Trophy
13/14 Team (combined figure and routine score)	Mrs Y M Price Trophy
Junior Team (highest routine score)	Molly Gledhill Memorial Trophy
The Shacklock Trophy	Awarded to the swimmer with the highest total of routine scores in the duet and team events



British Gas British Synchronised Swimming Championships

Conditions

1 General Conditions

- 1.1 British Swimming reserves full powers over the British Synchronised Swimming Championships
- 1.2 The Championships shall be competed for annually under FINA Rules, the British Swimming Disciplinary Code and any additional conditions (printed in the respective Meet information). Where FINA Rules do not provide (for example: Health and Safety regulations and guidelines and Child Protection), when the Championships are held in England or Wales, the requirements of the ASA shall apply and when held in Scotland the requirements of SASA shall apply.
- 1.3 Entries will only be accepted from:
 - 1.3.1 Competitors registered as members of the Amateur Swimming Association (ASA) Scottish ASA (SASA) or Welsh ASA (WASA), [together, British Swimming competitors] or
 - 1.3.2 Competitors from one of the countries affiliated to FINA.
- 1.4 A Competitor must have been a registered member, or equivalent, of the club in whose name she/he is entered, at least 60 days prior to the first day of competition.
- 1.5 The promotion of the Championships shall be the responsibility of the British Swimming Technical Synchronised Swimming Committee [The Committee], which shall appoint an individual who, for all purposes, shall be regarded as the Promoter. The Board shall decide any matter that is not covered by these conditions.
- 1.6 These Championships shall be held at a venue and for a period determined by the Committee
- 1.7 The date and venue of the Championships shall be decided by the Committee

2 Entry Qualifications

- 2.1 All competitors shall have obtained ASA Synchronised Skill Level 5 by the closing date of the championships, or such equivalent standard as shall have been agreed by the Committee for competitors referred to in 1.3.2.
- 2.2 A competitor may enter only one solo, one duet, one Team and one free Combination
- 2.3 Male and female competitors may only enter the Solo Championship providing there is a minimum number of six (6) entries of the same sex.
- 2.4 No mixed sex duet or team entries will be allowed.
- 2.5 No club may enter more than one free combination. A free combination shall consist of not less than four (4) nor more than ten (10) members. The total number of competitors entered for a team shall not exceed twelve (12), including two reserves.
- 2.3 The total number of competitors entered for a duet shall not exceed three (3).

3 Method of Entry

- 3.1 Entry forms may be obtained from the British Swimming Website www.britishswimming.org
- 3.2 Completed entry forms, one per routine, shall be submitted to the National Events Department together with the appropriate entry fees, not later than 28 days prior to the first day of the Championships. A passport photograph of the competitor should be attached to the entry form.
- 3.3 All music information must be registered with British Swimming at Harold Fern House, Derby Square, Loughborough LE11 5AL. The music of all routines must be stated on the "Cue" sheets provided by British Swimming and handed in to the Meet Organiser.
- 3.4 All music shall be recorded on a CD – one routine per CD with a 'lead in' of 4 seconds.
- 3.5 Competitors shall report to the Clerk of the Course not less than 30 minutes prior to the start of the event.

4 Championship Events

- 4.1 Solo Championship - Technical and Free Routine
- 4.2 Duet Championship - Technical and Free Routine
- 4.3 Team Championship - Technical and Free Routine
- 4.4 Team Combination - Free Routine
- 4.5 The final scores in solo, duet and team championships shall be calculated by adding 50% of the score for the technical routine and 50% of the score for the free routines. The Team Combination shall be 100% score.

Routines

- 4.6 Time limits for Technical routines and Free routines, including ten (10) seconds for deck movements shall be:
- | | | | | |
|-------|------------------|-------------------|--------|---------|
| 4.6.1 | Solo | Technical Routine | 2 mins | 00 secs |
| | | Free Routine | 3 mins | 00 secs |
| 4.6.2 | Duet | Technical Routine | 2 mins | 20 secs |
| | | Free Routine | 3 mins | 30 secs |
| 4.6.3 | Team | Technical Routine | 2 mins | 50 secs |
| | | Free Routine | 4 mins | 00 secs |
| 4.6.4 | Free Combination | | 5 mins | 00 secs |
- 4.6.5 There shall be an allowance of fifteen (15) seconds less or plus the allotted time limits for Technical and Free Routines and Free Combination.
- 4.7 In routine events, the walk-on of the athletes from the designated starting point to achievement of a stationary position(s) may not exceed 30 seconds. Timing shall commence when the first competitor passes the starting point and end when the last competitor becomes stationary.
- 4.8 The timing of the routine shall start and finish with the accompaniment. The timing of deck movements shall end as the last competitor leaves the deck. Routines may start on the deck or in the water, but shall finish in the water.
- 4.9 The accompaniment and judging shall begin upon a signal from the referee. After the signal, the performance shall continue without interruption.
- 4.10 The names of the competitors in the Free Duets must be submitted to the Referee in writing within two hours of the technical routine results being available, and also the competitors in the Free Team and Free Combination Team or at such times as stated in advance by the Promoter. Changes after this time may only be made in the case of sudden illness or accident of a member of a duet or team, and if the reserve is ready to compete without delaying the event. If a reserve is not ready to compete without delay the duet or free combination shall be disqualified.
- 4.11 If the lack of a reserve reduces the Team or free combination size to less than four (4) the team shall be disqualified.
- 4.12 Failure to notify the referee of substitution and/or deletion shall result in disqualification.

5 Qualifications

- 5.1 For the Technical Solo competition:
- 5.1.1 The twelve (12) competitors with the highest total scores from the solo technical routine shall qualify to swim their free solo routine.
- 5.1.2 Should any of the qualifying competitors not wish to swim their routines, the competitor(s) with the next highest qualifying score may be included.
- 6.2 For the Free duet competition
- 6.2.1 All duets from the technical duet competition will swim their free duet routine.
- 6.3 All Championship Teams shall swim their free team routine
- 6.4 All Free Combination Teams shall swim their routine

6 Order of Appearance

- 6.1 Order of appearance for Technical Solo, Technical Duet and Technical Championship Team and Free Combination shall be selected by a random draw.
- 6.2 Order of appearance for Free Routine Events (Solo, Duet, Championship Team) shall be drawn by lots in groups of six (6). The lowest placed group shall swim first, the next lowest group second and so on. If there are not sufficient swimmers to form a group of six (6) the smallest group shall start first.

7 Officials.

Technical Officials for all events shall be selected by the Committee or its delegated agent from lists approved by FINA, LEN, the ASA, SASA or WASA. The Referee shall be approved by the Committee.

8 Victory Ceremonies

Finalists must proceed to the marshalling area for the parade when requested to do so. Appropriate clothing, e.g. full tracksuit and training shoes must be worn for the presentation.

9 Competitors' Accreditation

Accreditation cards, which will afford admission to the event, will be issued to competitors on arrival at the venue,

10 Safety

All competitors are required to ensure that they observe all safety announcements and conduct themselves with safety in mind at all times.

11 TV, Video or Close Range Photography

When the competition involves young persons under the age of 18 years it shall be a requirement that staff shall be appointed at the entrance control to register details of any persons wishing to engage in any video, zoom or close range photography.

12 Doping Control

Competitors taking part in the Championships may be subject to random doping control. Accreditations cards with photograph identification will be accepted.

13 Trophies and Medals

15.1 Medals will be awarded to British competitors who are placed first, second or third in Solo, Duet, Team Championship events and Team Combination event (Medals will be presented to those reserves who swim in Duet, Team and Team events).

15.2 A commemorative medal shall be awarded to competitors referred to in 1.3.2, who are placed first, second or third in Solo, Duet, Team Championship and the Team Combination events. (Such medals will also be presented to those reserves who swim in Duet and Team events and achieve these places).

15.3 The Holland Trophy shall be awarded annually to the swimmer with the highest total of routine scores in the solo, duet, team and free combination events at the British Championships.

FINA SS 4.4 FREE COMBINATION

Free Combination has a maximum of ten (10) competitors who make a combination of routines (Solos, Duets, Trios, Teams). At least two (2) parts must have fewer than three (3) competitors and at least two (2) must have four (4) to ten (10) competitors.

Start of first part of the routine may be on the deck or in the water.

All of the following parts must start in the water.

A new part begins where the previous part ends.



British Gas British Synchronised Swimming Championships and ASA National Age Group Championships 2009

Draft Schedule

Friday 4th December

08.00 – 09.00hrs	<i>Warm up – 15/16/17 and 18/19 figures</i>
09.30 – 12.00hrs	National Age Groups Figures 15/16/17 18/19years
12.00 – 13.00hrs	<i>Warm up – 13/14 & 12 & Under</i>
13.15 – 14.30hrs	National Age Groups Figures 13 /14 years
	National Age Groups Figures 12 & Under
	Medal Ceremony
15.00 – 16.00hrs	<i>Warm up – Technical Solos (swim order)</i>
16.15 – 17.00hrs	British Championships Technical Solos
17.00 – 18.00hrs	National Age Groups Competitive Duet – 13 / 14 years
	National Age Groups Competitive Duet – 12 & Under
	Medal Ceremony
18.00 – 19.00hrs	National Age Groups Recreational Combination – 15/16/17 years
	National Age Groups Recreational Combination – 19 & Under
	Medal Ceremony
19.00 – 19.45hrs	<i>Warm up - Technical Duets (swim order)</i>
20.00hrs	British Championships Technical Duets

Saturday 5th December

07.30 – 08.30hrs	<i>General Warm up</i>
08.30 – 09.00hrs	<i>Warm up - Technical Team (swim order)</i>
09.15 – 09.45hrs	British Championships Technical Teams
10.00 – 12.00hrs	National Age Groups Free Solos – 12 & Under
	National Age Groups Competitive Solos – 13 / 14 years



National Age Groups Competitive Solos – 15 / 16 / 17 years

Medal Ceremony

12.00 – 13.30hrs *General Warm up*
13.30hrs *Warm up – Free Solos (swim order)*

14.00 – 14.45hrs British Championships Free Solos

Medal Ceremony

15.00 – 17.30hrs National Age Groups Recreational Combinations – 13 / 14 years

National Age Groups Competitive Teams – 15/16/17 years

Medal Ceremony

18.00 – 18.30hrs *General Warm up*
18.30hrs *Warm up – Free Duet (swim order)*

19.15 – 19.45hrs National Age Groups Competitive Duet – 15/16/17 years

19.45 – 20.30hrs British Championships Free Duets

Medal Ceremony

Sunday 6th December

08.30hrs *General Warm up*
09.00hrs *Warm up – British Championships Combinations (swim order)*

10.00 – 10.30hrs British Championships Combinations

Medal Ceremony

10.30 – 12.30hrs National Age Groups Competitive Teams – 13 /14 years

National Age Groups Recreational Combinations – 12 & Under

National Age Groups Recreational & Competitive Duets – 18/19 years

Medal Ceremony

12.30 – 13.30hrs *Warm up – British Championships Teams (swim order)*

13.30 – 14.30hrs National Age Groups Competitive Teams – 12 & Under

14.30 – 15.00hrs British Championships Free Teams

Medal Ceremony

British Gas ASA National Age Group Synchronised Swimming Championships 2009

(Under The ASA & FINA Laws)



Individual Figures

Name:

Date of Birth

ASA Membership Number.

Venue: GL1 Leisure Centre

Date: 4th – 6th December

Club:.....

Age Group	12 & Under	13/14	15/16/17	18/19

Order of Swim	Place

Figures				
Judge	1	2	3	4
Figures				
1				
2				
3				
4				
5				
6				
7				
Total less Hi-Lo				
Divide by number of Judges less 2				
Degree of Diff				
Score				
Total Score				
Divide by the sum of d.d		x 10		
Less Penalties				
Final Figures Score				

Chief Scorer:

Referee:

British Gas ASA National Age Group Synchronised Swimming Championships 2009

(Under The ASA & FINA Laws)

Solo

Venue: GL1 Leisure Centre

Date: 4th – 6th December

Club:.....



Age Group	12 & Under	13/14	15/16/17

Swimmers	Date of Birth	Skill Level Held	Membership Number	Figure Score
1				

Order	
Place	

Free Routine Judge	Technical Merit	Artistic Impression
1		
2		
3		
4		
5		
6		
7		
Total less Hi-Low		
Divide by Judges less 2		
Multiply	X5	X5
Add Technical Merit		
Total Routine		
Deduct Penalties		
Routine Result		
	50% Competitive	
Add Fig Result	x 50% Competitive	
FINAL RESULT		

Chief Scorer:

Referee:

British Gas ASA National Age Group Synchronised Swimming Championships 2009

(Under The ASA & FINA Laws)

Duet

Venue: GL1 Leisure Centre

Date: 4th – 6th December

Club:.....



Age Group	12 & Under Competitive	13/14 Competitive	15/16/17 Competitive	18/19 Competitive	18/19 Recreational

Swimmers	Date of Birth	Skill Level Held	Membership Number	Figure Score
1				
2				
3				
Total Score Divide by 2				

Free Duet	Order
	Place

Free Routine Judge	Technical Merit	Artistic Impression
1		
2		
3		
4		
5		
6		
7		
Total less Hi-Low		
Divide by Judges less 2		
Multiply	X5	X5
Add Technical Merit		
Total Routine		
Deduct Penalties		
Routine Result	100% Recreational or x 50% Competitive	
Add Average Fig Result	x 50% Competitive	
FINAL RESULT		

Chief Recorder:

Referee:

British Gas ASA National Age Group Synchronised Swimming Championships 2009

(Under The ASA & FINA Laws)

Team

Venue: GL1 Leisure Centre

Date: 4th – 6th December

Club:



Age Group	12 & Under Competitive	13/14 Competitive	15/16/17 Competitive

Swimmers	Date of Birth	Skill Level Held	Membership Number	Figure Score
1				
2				
3				
4				
5				
6				
7				
8				
9				
10				
Total Score Divide by Number of Swimmers (Max 8)				

Free Team	Order	Artistic Impression
	Place	
Free Routine Judge	Technical Merit	Artistic Impression
1		
2		
3		
4		
5		
6		
7		
Total less Hi-Low		
Divide by Judges less 2		
Multiply	X5	X5
Add Technical Merit		
Total Routine		
Deduct ½ point each swimmer less than 8		
Deduct Penalties		
Routine Result	x 50% Competitive	
Add Average Fig Result	x 50% Competitive	
FINAL RESULT		

Chief Scorer:

Referee:

British Gas ASA National Age Group Synchronised Swimming Championships 2009

(Under The ASA & FINA Laws)

Free Combination

Venue: GL1 Leisure Centre

Date: 4th – 6th December

Club:



Age Group	12 & Under Recreational	13/14 Recreational	13/14 Competitive	15/16/17 Recreational	19 & Under Recreational

Swimmers	Date of Birth	Skill Level Held	Membership Number
1			
2			
3			
4			
5			
6			
7			
8			
9			
10			
11			
12			

Free Combination	Order	Artistic Impression
	Place	
Free Routine Judge	Technical Merit	
1		
2		
3		
4		
5		
6		
7		
Total less Hi-Low		
Divide by Judges less 2		
Multiply	X5=	X5
Add Technical Merit		
Total Routine		
Deduct Penalties		
FINAL RESULT 100% RECREATIONAL		

Chief Recorder:

Referee:



British Gas Synchronised Swimming Championships 2009
(Under FINA Rules & the ASFGB Disciplinary Code)

Solo

Name.....

Club.....

Date of Birth.....

Venue: GL1 Leisure Centre

Membership Number.....

Date: 4th – 6th December

Senior		Technical Solo	Order
Junior			Place

Senior		Free Solo	Order
Junior			Place

Technical Solo Competition		
Judge	Execution	Overall Impression
1		
2		
3		
4		
5		
6		
7		
Total less Hi-Lo		
Divide by Judges less 2		
Multiply	X5	X5
Part Element Omitted		
Total Less Penalties		
Add Technical Merit		
Total Technical Routine		
Deduct other Penalties		
Final Technical Routine Score		
50% of Technical Routine Score		

Free Solo Competition		
Judge	Technical Merit	Artistic Impression
1		
2		
3		
4		
5		
6		
7		
Total less Hi-Lo		
Divide by Judges less 2		
Multiply	X5	X5
Add Execution		
Total Routine		
Deduct Penalties		
Routine Result	X50	
Add Technical Solo Score	X50	
FINAL ROUTINE SCORE		

Chief Scorer:

Referee:



British Gas Synchronised Swimming Championships 2009

(Under FINA Rules & the ASFGB Disciplinary Code)

Duet

Name 1.....

Club.....

Name 2

Venue: GL1 Leisure Centre

Name 3.....

Date: 4th – 6th December

Senior	
Junior	

Technical Duet	Order
	Place

Senior	
Junior	

Free Duet	Order
	Place

Technical Duet Competition		
Judge	Execution	Overall Impression
1		
2		
3		
4		
5		
Total less Hi-Lo		
Divide by Judges less 2		
Multiply	X5	X5
Deduct Tech Penalties		
Execution Score		
Add Overall Impression		
Total Technical Routine		
Deduct other Penalties		
Final Routine Score		

Free Duet Competition		
Judge	Technical Merit	Artistic Impression
1		
2		
3		
4		
5		
Total less Hi-Lo		
Divide by Judges less 2		
Multiply	X5	X5
Add Technical Merit		
Total Routine		
Deduct Penalties		
Routine Result	X50	
Add Final Technical Score	X50	
Final Result		

Chief Recorder:

Referee:



British Gas Synchronised Swimming Championships 2009

(Under FINA Rules & the ASFGB Disciplinary Code)

Team

Club.....

Senior		Technical Team	Order
Junior			Place

Senior	
Junior	

Free Team	Order
	Place

Technical Team Competition		
Judge	Execution	Overall Impression
1		
2		
3		
4		
5		
6		
7		
Total less Hi-Lo		
Divide by Judges less 2		
Multiply	X5	X5
Deduct Tech Penalties		
Execution Score		
Add Execution Score		
Total Technical Routine		
Deduct 1/2 pt each swimmer less than 8		
Deduct other Penalties		
Final Technical Routine Score		

Free Team Competition		
Judge	Technical Merit	Artistic Impression
1		
2		
3		
4		
5		
6		
7		
Total less Hi-Lo		
Divide by Judges less 2		
Multiply	X5	X5
Add Technical Merit		
Total Routine		
Deduct ½ point each swimmer less than 8		
Deduct Penalties		
Routine Result	X50	
Add Final Technical Score	X50	
FINAL ROUTINE SCORE		

Chief Scorer:

Referee:



Team List

Please list below all of the athletes competing in the Team event plus reserves. Please also give all Membership numbers.

Name	Membership Number



British Gas Synchronised Swimming Championships 2009

(Under FINA Rules & the ASFGB Disciplinary Code)

Free Combination

Club.....

Free Combination	Order
	Place

Swimmers	Date of Birth	Skill Level Held	Membership Number
1			
2			
3			
4			
5			
6			
7			
8			
9			
10			
11			
12			
Max 10 Swim			

Judge	Technical Merit	Artistic Impression
1		
2		
3		
4		
5		
6		
7		
Total Less High & Low		
Divide by Judges Less 2		
Multiply	X5	X5
Total Routine		
Add Execution Score		
Deduct Penalties		
Routine Result 100%		
Final Result		

Declaration Form

It is vital that for each entry form this declaration form is completed and attached to the relevant entry form.

Please note the closing date – Friday 6th November 2009

Important notice

Competitors and Team Managers / Choreographers are reminded that the promoters can accept no responsibility for accidents arising from routines developed by, or created by, themselves for the purpose of the competition.

Music

All CD and CD cases must be labelled in accordance with P.P.L rules

Club P.P.L License Number.....

CD Number.....

Declarations

Please certify that the details above are correct and that the competitors on the Entry Form were / are a member(s) of your club 60 days prior to the competition, which is *Monday 5th October 2009*

Signed Club Hon. Secretary.....

Please complete this form and together with the entry form(s), passport photograph(s), payment (either cheque or credit card form) and Competitor Information send back to:

Claire Whitfield, Events Department, 41 Granby Street, Loughborough, Leicestershire, LE11 3DU

Tel: 01509 632260

Fax: 01509 235489

Email: Claire.whitfield@swimming.org

Application for 2009 Coach / Chaperone Pass
The ASA / British Swimming

British Gas Synchronised Swimming Championships & British Gas ASA National Age Groups
2009

The closing date for coach's passes will correspond with the closing date for entries to the competition. Clubs requesting passes after this date will be refused unless in exceptional circumstances, this falls in line with The ASA Child Protection Policy.

APPLICATIONS MUST BE MADE BY THE CLUB SECRETARY. PLEASE ENSURE THAT THE FORM IS COMPLETED FULLY AND IN BLOCK CAPITALS. PLEASE NOTE THAT WE RESERVE THE RIGHT TO REFUSE APPLICATIONS.

£5 per Coaches Pass		Please note in order for passes to be valid coaches must have athletes attending the relevant competition that the pass has been issued for.	
Cheques made payable to "British Swimming"			
Membership No:			
Coach <input type="checkbox"/> Chaperone <input type="checkbox"/> (tick appropriate box)		<u>Chaperones only</u>	
Full Name:		Have you completed a Team Managers Course?	
Home Address:		Yes <input type="checkbox"/> No <input type="checkbox"/>	
		Please give details below i.e. date, qualification	
		<u>CRB Checks</u>	
Postcode:		All applicants MUST be CRB checked through The ASA. If you have been CRB checked through another Registered Body other than The ASA i.e. Local Authority, this will not be valid. Applicants are advised that the CRB process can take at least 4-6 weeks to complete, forms can be obtained through the CRB office, tel: 01509 618 738	
DOB:			
Email Address:		All new applicants MUST enclose 1 passport sized photograph along with their application. Please print the pass holder's name on the reverse of the photograph.	
Tel No / Mobile:			
Application made by (Name)			
Secretary of		Synchro Club	
Address:			
Postcode:		Tel No:	Email:
<u>Please ensure this section is completed by the Club Secretary</u>			
I can confirm that the above member has completed a Register of "Club Coaches & Helpers" form and that this is lodged with The ASA, SASA and WASA.			
Signed:	Date:	Passes to be returned to (please tick relevant box):	Club Secretary:
			Coach:

IMPORTANT

Please note that coaches / chaperones will not be allowed on poolside without a valid pass. Under no circumstances will a coach pass be issued on the day of competition. Lost/replacement passes will be charged at £10.00

Please fill in the form below to pay for entry to the British Gas Synchronised Swimming Championships & British Gas ASA National Age Group Championships 2009

Card Details

Switch-Maestro/MasterCard/Visa (Please Delete as appropriate)

Please print clearly

Card Number

Start Date / Expiry Date / Issue Number Last 3 digits on
signature strip

We also require the name and address of the CARD HOLDER

Full Name:

Address.....

.....

Post Code.....

Day time contact number.....

Please enclose a 2nd SAE, for receipt of payment to be returned.

Payment can take anything up to 10 days to be processed.



Child Photography Refusal of Consent Form

Name of Child: _____

Date of Birth: _____

I refuse permission for the taking and/or publication of images of my child by the event's Official Photographer(s) in respect of (enter activity)

Signed (Parent/Carer): _____

Print Name: _____

Date: _____

Please send form back to:

Events Department, 41 Granby Street, Loughborough, Leicestershire, LE11 3DU
Tel: 01509 632266
Fax: 01509 235489