

Note: Dates shown are week ending

BRITISH SWIMMING QUADRENNIAL PLAN YEARS 2010 to 2012 (Subject to Amendments)

RED = Open Water Events

1st January to 31st December 2010

JANUARY 10		National Squad	Junior / Youth & World Class Development
2/3	18		
9/10	19		9 th & 10 th Coaches Workshop 1 venue London TBC
16/17	20	14 th -17 th , Relay camp, Cardiff TBC	Development Camp, Sabadell, Spain 16 th -24 th January TBC
23/24	21		Development Camp, Sabadell, Spain 16 th -24 th January TBC
30/31	22	BURNS Meet designated a British Swimming Preparation Meet , optional [30 th /31 st] <i>OWS TOUR to South Africa 29th January to 15 February</i>	BURNS Meet designated a British Swimming Preparation Meet , optional [30 th /31 st] <i>OWS TOUR to South Africa 29th January to 15 February</i>
FEBRUARY 10		National Squad	Junior / Youth & World Class Development
6/7	23	<i>OWS TOUR to South Africa 29th January to 14/15 February</i>	<i>OWS TOUR to South Africa 29th January to 14/15 February</i>
13/14	24	BUCS as a Preparation meet for named swimmers 12-14 th , LC Swimming Championships Sheffield, optional <i>OWS TOUR to South Africa 29th January to 15 February</i>	BUCS as a Preparation meet for named swimmers 12-14 th , LC Swimming Championships Sheffield, optional <i>OWS TOUR to South Africa 29th January to 15 February</i>
20/21	25	20 th & 21 st National Team dual meet GBR vs Germany in Swansea, GBR	20 th & 21 st National Team dual meet GBR vs Germany in Swansea, GBR
27/28	26		
MARCH 10		National Squad	Junior / Youth & World Class Development
6/7	27		
13/14	28		
20/21	29		
27/28	30	27 th & 28 th March Pre British LC training Available for 2 days 6am to 9pm Sheffield Leisure Pool	27 th & 28 th March Pre British LC training Available for 2 days 6am to 9pm Sheffield Leisure Pool
APRIL 10		National Squad	Junior / Youth & World Class Development
3/4	1	British LC Championships and Trials [Mon 29 th March to Sat 3 rd April] 6 day championships 3 rd April World Class briefing for all coaches of National Squad and World Class Pathway Swimmers (Podium/Development) between heats and final session, venue to be announced, will commence 1 hour following the conclusion of the heats	British LC Championships and Trials [Mon 29 th March to Sat 3 rd April] 6 day championships 3 rd April World Class briefing for all coaches of National Squad and World Class Pathway Swimmers (Podium/Development) between heats and final session, venue to be announced, will commence 1 hour following the conclusion of the heats
10/11	2		
17/18	3		
24/25	4		
MAY 10		National Squad	Junior / Youth & World Class Development
1/2	5	<i>OWS LEN Cup 9th May Israel. Travel on 2nd May return on 10th May Final World and EJC OWS selection</i>	<i>OWS LEN Cup 9th May Israel. Travel on 2nd May return on 10th May Final World and EJC OWS selection</i>
8/9	6	<i>OWS LEN Cup 9th May Israel. Travel on 2nd May return on 10th May Final World and EJC OWS selection</i>	<i>OWS LEN Cup 9th May Israel. Travel on 2nd May return on 10th May Final World and EJC OWS selection</i>
15/16	7	National Squad Offshore training camp (16 th -29 th May) venue Colonia Sant Jordi ,Mallorca – Required attendance for all National Squad swimmers. Travel out on the 16 th May	Coaches Workshop 2 (15-16 th) Venue TBC
22/23	8	National Squad Offshore training camp (16 th -29 th May) venue Colonia Sant Jordi ,Mallorca – Required attendance for all National Squad swimmers.	
29/30	9	National Squad Offshore training camp (16 th -29 th May) venue Colonia Sant Jordi ,Mallorca – Required attendance for all National Squad swimmers. Return travel on the 29 th May	

Note: Dates shown are week ending

JUNE 10		National Squad	Junior / Youth & World Class Development
5/6	10	Mare Nostrum Prep Meet – Monaco, Mare Nostrum 5th & 6th	Mare Nostrum Prep Meet – Monaco, Mare Nostrum 5th & 6th
12/13	11	Prep Meet – Barcelona, Mare Nostrum 9th & 10th Prep Meet – Canet ,Mare Nostrum 12th & 13th Mare Nostrum information will be sent to Podium/Development Swimmers for applications to be made OWS LEN Cup 13th June S.Felice Circeo, Italy Travel on 11th June and return on the 13th June	Prep Meet – Barcelona, Mare Nostrum 9th & 10th Prep Meet – Canet, Mare Nostrum 12th & 13th OWS LEN Cup 13th June S.Felice Circeo, Italy Travel on 11th June and return on the 13th June
19/20	12	OWS LEN Cup 20th June Piombino, Italy Travel on 18th June and return on the 20th June	OWS LEN Cup 20th June Piombino, Italy Travel on 18th June and return on the 20th June
26/27	13	Scottish Nationals and Scottish Team CWG Trials 22nd - 27th June OWS Great London Swim 26th June	Scottish Nationals and Scottish Team CWG Trials 22nd - 27th June OWS Great London Swim 26th June
JULY 10		National Squad	Junior / Youth & World Class Development
3/4	14	OWS Great East Swim, Ipswich TBC, 3rd July	OWS Great East Swim, Ipswich TBC, 3rd July
10/11	15	Training Pre British Open to be available one day before 6am to 9pm TBC British Open (8th to 10th) Venue Manchester Still TBC Travel 7th July for the 6th OWS FINA World Championships, Roberval, Canada, 16th –23rd July	Training Pre British Open to be available one day before 6am to 9pm TBC British Open (8th to 10th) Venue Manchester Still TBC Travel to EJC on Sun 11th European Junior Championships – Helsinki, Finland 14th to 18th Return travel Mon 19th
17/18	16	The 6th OWS FINA World Championships, Roberval, Canada, 16th –23rd July	Travel to EJC on Sun 11th TBC European Junior Championships – Helsinki, Finland 14th to 18th Return travel Mon 19th
24/25	17	The 6th OWS FINA World Championships, Roberval, Canada, 16th –23rd July OWS Familiarisation Camp 23rd – 25th July, London	OWS Familiarisation Camp 23rd – 25th July, London
31/1	18	1st Travel to European OWS Championships conducted at Lake Balaton, Hungary, European LC Championships dates 4th to 6th August. Return travel on 7th August OWS LEN Cup Final 31st July and 1st August, Hoorn, Holland. Travel 29th July and return 2nd August	28th travel to EJC OWS OW European Junior Open Water Championships – 31/7 and 1/8, Hoorn, Netherlands Depart 2nd OWS LEN Cup Final 31st July and 1st August, Hoorn, Holland Travel 29th July and return 2nd August
AUGUST 10		National Squad	Junior / Youth & World Class Development
7/8	19	1st Travel to European OWS Championships conducted at Lake Balaton, Hungary, European LC Championships dates 4th to 6th August Return travel on 7th August European LC Championships, Budapest Pool Swimming dates 9th to 15th. Travel on the 7th August and return on the 16th August	ASA National Youth Championships [3rd to 7th August] Sheffield
14/15	20	Pool Swimming team travel to Budapest on Sat 7th European LC Championships, Budapest Pool Swimming dates 9th to 15th Return travel 16th August	IOC Summer Youth Olympics Singapore, 14th -26th August 2010 (swimming 15th to 19th August) attendance TBC
21/22	21	ASA Senior LC pre meet training to be available 1 or 2 days TBC ASA Senior LC Championships Final England CWG Qualification opportunity 4 days 18-21 Aug venue TBC	IOC Summer Youth Olympics Singapore, 14th -26th August 2010 (swimming 15th to 19th August) attendance TBC ASA Senior LC pre meet training to be available 1 or 2 days TBC ASA Senior LC Championships Final England CWG Qualification opportunity 4 days 18-21 Aug venue TBC
28/29	22	OWS Great Scottish Swim 28th August, Glasgow	OWS Great Scottish Swim 28th August, Glasgow

Note: Dates shown are week ending

SEPTEMBER 10		National Squad	Junior / Youth & World Class Development
4/5	23	OWS Great North Swim 4/5 Sept, Windermere	OWS Great North Swim 4/5 Sept, Windermere
11/12	24		
18/19	25		
25/26	26	British Commonwealth Games Holding Camp, Doha. Travel on the 22 nd camp runs to the 30 th	British Commonwealth Games Holding Camp, Doha Travel on the 22 nd camp runs to the 30 th
OCTOBER 10		National Squad	Junior / Youth & World Class Development
2/3	1	British Commonwealth Games Holding Camp, Doha. Travel on the 22 nd camp runs to the 30 th Transfer to New Delhi (30 th) Commonwealth Games – New Delhi [3 rd to 14 th] Swimming dates Mon 4 th to Saturday 9 th	British Commonwealth Games Holding Camp, Doha. Travel on the 22 nd camp runs to the 30 th Transfer to New Delhi (30 th) Commonwealth Games – New Delhi [3 rd to 14 th] Swimming dates Mon 4 th to Saturday 9 th
9/10	2	Swimming dates Mon 4 th to Saturday 9 th	Swimming dates Mon 4 th to Saturday 9 th
16/17	3		
23/24	4		
30/31	5		
NOVEMBER 10		National Squad	Junior / Youth & World Class Development
6/7	6	FINA World Cup [Europe] tbc Moscow Stockholm Berlin Dates and venues TBC Small group to be identified to attend	FINA World Cup [Europe] tbc Moscow Stockholm Berlin Dates and venues TBC Small group to be identified to attend
13/14	7	Annual National Squad Meeting and Coaches briefing, Incorporating the Sports Science & Sports Medicine workshops for National Squad Coaches and SS/SM Staff All arrive on the 12 th , swimmer depart on the 13 th , and staff depart on the 14 th Required attendance for all National Squad swimmers/coaches	
20/21	8		
27/28	9	<i>European SC Championships 25th – 28th GBR not attending</i>	<i>European SC Championships 25th – 28th GBR not attending</i>
DECEMBER 10		National Squad	Junior / Youth & World Class Development
4/5	10	Open Water Open Day/Coaches Workshop, 4 th / 5 th December Stirling	Open Water Open Day/Coaches Workshop, 4 th / 5 th December Stirling
11/12	11		
18/19	12	World SC Championships– 15 th -19 th Dubai, UAE Travel 13 th December, return 20 th December	World SC Championships– 15 th -19 th Dubai, UAE Travel 13 th December, return 20 th December
25/26	13		

Note: Dates shown are week ending
1st January 2011 to 31st December 2011

JANUARY 11		National Squad	Junior / Youth & World Class Development
1/2	14		
8/9	15		Coaches Workshop 1 [7 th to 9 th] tbc
15/16	16	BURNS MEET British Swimming Preparation Meet , optional Dates 15 th & 16 th	Development / Talent Camps – TBC BURNS MEET British Swimming Preparation Meet , optional Dates 15 th & 16 th
22/23	17	OWS FINA World Cup [tbc]	Development / Talent Camps – TBC
29/30	18		
FEBRUARY 11		National Squad	Junior / Youth & World Class Development
5/6	19	National Team dual meet vs Germany (in Germany) DATES TBC 5th & 6th	
12/13	20	Possible BUCS as a Prep meet yet to be confirmed 11-13 th Optional	Possible BUCS as a Prep meet yet to be confirmed 11-13 th Optional
19/20	21		
26/27	22		
MARCH 11		National Squad	Junior / Youth & World Class Development
5/6	23	3 rd & 4 th Pre British LC training Available for 2 days prior to Championships 6am to 9pm British Long Course Championships and or trials [Sat 5 th – Sat 12 th] 8 days trails and/or championships , Venue TBC	3 rd & 4 th Pre British LC training Available for 2 days prior to Championships 6am to 9pm British Long Course Championships and or trials [Sat 5 th – Sat 12 th] 8 days trails and/or championships, Venue TBC
12/13	24	British Long Course Championships and or trials [Sat 5 th – Sat 12 th] 8 days trails and/or championships, Venue TBC 12 th World Class briefing for all coaches of National Squad and World Class Pathway Swimmers (Podium/Development) between heats and final session, venue to be announced, will commence 1 hour following the conclusion of the heats	British Long Course Championships and or trials [Sat 5 th – Sat 12 th] 8 days trails and/or championships, Venue TBC 12 th World Class briefing for all coaches of National Squad and World Class Pathway Swimmers (Podium/Development) between heats and final session, venue to be announced, will commence 1 hour following the conclusion of the heats
19/20	25		
26/27	1		
APRIL 11		National Squad	Junior / Youth & World Class Development
2/3	2		
9/10	3		
16/17	4	14 th -17 th April, Relay camp, venue Colonia Sant Jordi ,Mallorca or UK venue TBC	
23/24	5		
30/1	6	National Squad Camp – [1 st – 14 th] – venue Paphos, Cyprus– Required attendance for all National Squad swimmers, travel out on the 1 st May, return travel on the 14 th May	
MAY 11		National Squad	Junior / Youth & World Class Development
7/8	7	National Squad Camp – [1 st – 14 th] – venue Paphos, Cyprus – Required attendance for all National Squad swimmers, travel out on the 1 st May, return travel on the 14 th May	
14/15	8	National Squad Camp – [1 st – 14 th] – venue Paphos, Cyprus– Required attendance for all National Squad swimmers, travel out on the 1 st May, return travel on the 14 th May	Coaches Workshop 2 – tba
21/22	9	Prep Meet 2 British Open [19 th to 21 st] TBC OWS LEN Cup 1 date and venue TBC– Final World and EJC OWS selection tbc	Prep Meet British Open [19 th to 21 st] TBC OWS LEN Cup 1 date and venue TBC– Final World and EJC OWS selection tbc
28/29	10		

Note: Dates shown are week ending

JUNE 11		National Squad	Junior / Youth & World Class Development
4/5	11	Prep Meet – Canet ,Mare Nostrum 4 th & 5 th	
11/12	12	Prep Meet – Barcelona, Mare Nostrum 8 th & 9 th Prep Meet – Monaco ,Mare Nostrum 11 th & 12 th Mare Nostrum information will be sent to Podium/Development Swimmers for applications to be made	OWS June date tbc race/ train/ race 2xFrench cup meets: Toulouse & Marseille TBC
18/19	13	Training pre meet to be available 1 or 2 days TBC ASA Senior LC Championships - Prep Meet 3 – Final World LC Qualification 15 th -18 th - 4 days Venue TBC OWS LEN Cup 2 date and venue TBC	Training pre meet to be available 1 or 2 days TBC ASA Senior LC Championships - Prep Meet 3 – Final World LC Qualification 15 th -18 th - 4 days Venue TBC
25/26	14		
JULY 11		National Squad	Junior / Youth & World Class Development
2/3	15		OW European Junior Open Water Championships – tbc
9/10	16		
16/17	17	12 th to 20 th Holding Camp, venue TBC 8 nights Depart UK on the 12 th Depart to Shanghai from holding camp on the 20 th 7 th to 14 th OWS Holding camp TBC OW FINA World Championships – Shanghai [16 th]	European Junior Championships – dates and venue tbc,
23/24	18	12 th to 20 th Holding Camp, venue TBC 8 nights Depart UK on the 12 th Depart to Shanghai from holding camp on the 20 th 20 th to 24 th Final preparation in Shanghai World LC Championships [19 th to 31 st July] – Shanghai dates tbc Pool events assumed to be the final 8 days therefore 24 th to 31 st July	European Youth Olympic Festival – 23 rd to 30 th July Trabzon, Turkey – Swimming dates 25 th to 29 th with the 27 th a day off
30/31	19	World LC Championships [19 th to 31 st July] – Shanghai dates tbc Pool events assumed to be the final 8 days therefore 24 th to 31 st July Tri Nations meet in GBR, proposed dated 30 th & 31 st July TBC	European Youth Olympic Festival – 23 rd to 30 th July Trabzon, Turkey – Swimming dates 25 th to 29 th with the 27 th a day off ASA National Youth Championships [27 th – 31 st] Tri Nations meet in GBR, proposed dated 30 th & 31 st July TBC
AUGUST 11		National Squad	Junior / Youth & World Class Development
6/7	20	Pre meet training to be available for full day before SC TBC 6am to 9pm British Gas Swimming Grand Prix (25m) (4 th -7 th) Venue and date TBC	Pre meet training to be available for full day before SC TBC 6am to 9pm British Gas Swimming Grand Prix (25m) (4 th -7 th) Venue and date TBC
13/14		World University Games – Shenzhen, China 12 th –22 nd TBC, swimming dates TBC FINA Open Water Event & GBR Championships – London, at the Serpentine date tbc approx 1 or 2 weeks post Shanghai	
20/21		World University Games – Shenzhen, China 12 th –22 nd TBC, swimming dates TBC OWS FINA 10K Cup TBC	
27/28		LEN European OWS Championships venue and date TBC	World Junior Championships – venue Lima, Peru and date at end of August TBC
SEPTEMBER 11		National Squad	Junior / Youth & World Class Development
31/4	1		Early September Altitude Camp 7-10 days, venue/date TBC
10/11	2		
17/18	3		
24/25	4	29 th Sept-2 nd Oct Relay Camp, Mallorca, TBC	

Note: Dates shown are week ending

OCTOBER 11		National Squad	Junior / Youth & World Class Development
1/2	5	29 th Sept-2 nd Oct Relay Camp, Mallorca, TBC	
8/9	6	OWS FINA 10K Cup TBC	
15/16	7	OWS FINA 10K Cup TBC	
22/23	8	Annual National Squad Meeting and Coaches briefing, Incorporating the Sports Science & Sports Medicine workshops for National Squad Coaches and SS/SM Staff All Arrive on 21 st , Swimmers depart on 22 nd , Staff depart 23 rd Required attendance for all National Squad swimmers/coaches	
29/30	9		
NOVEMBER 11		National Squad	Junior / Youth & World Class Development
5/6	10		
12/13	11	FINA World Cup [Europe] tbc Moscow Stockholm Berlin Dates and venues TBC Attendance at World Cups for World Class Programme athletes by application	FINA World Cup [Europe] tbc Moscow Stockholm Berlin Dates and venues TBC Attendance at World Cups for World Class Programme athletes by application
19/20	12		
26/27	13		
DECEMBER 11		National Squad	Junior / Youth & World Class Development
3/4	14		
10/11	15	European SC Championships [8 TH TO 11 TH] venue TBC	European SC Championships [8 TH TO 11 TH] venue TBC
17/18	16	Open Water Orientation Day, Loughborough [tbc]	Open Water Orientation Day, Loughborough [tbc]
24/25	17		

**Note: Dates shown are week ending
1st January 2012 to 31st August 2012**

JANUARY 12		National Squad	Junior / Youth & World Class Development
31/1	18		
7/8	19		6 th –8 th Coaches Workshop 1 - TBC
14/15	20	BURNS MEET Preparation Meet Dates TBC current 14/15 or 28/29 TBC optional	Development & Talent Camps TBC BURNS MEET Preparation Meet Dates TBC current 14/15 or 28/29 TBC optional
21/22	21	OWS FINA World Cup [tbc]	Development & Talent Camps – TBC
28/29	22	BURNS MEET Preparation Meet Dates TBC current 14/15 or 28/29 TBC optional	BURNS MEET Preparation Meet Dates TBC current 14/15 or 28/29 TBC optional
FEBRUARY 12		National Squad	Junior / Youth & World Class Development
4/5	23	National Team Duel Meet GBR vs Germany in GBR [DATES TBC 4th & 5th]	
11/12	24	Possible BUCS as a Prep meet yet to be confirmed optional	Possible BUCS as a Prep meet yet to be confirmed optional
18/19	25		
25/26	26		
MARCH 12		National Squad	Junior / Youth & World Class Development
3/4	27	Pre Olympic trails training to be available for 2 full days prior to the event commencing 6am to 9pm, 1 st & 2 nd British LC Championships and or Olympic Trials [Sat 3 rd Mar' to Sat 10 th March] 8 days to Mirror Olympics, venue TBC	Pre Olympic trails training to be available for 2 full days prior to the event commencing 6am to 9pm, 1 st & 2 nd British LC Championships and or Olympic Trials [Sat 3 rd Mar' to Sat 10 th March] 8 days to Mirror Olympics, venue TBC
10/11	28	British LC Championships and or Olympic Trials [Sat 3 rd Mar' to Sat 10 th March] 8 days to Mirror Olympics, venue TBC Olympic Briefing Swimmers and Coaches (11 th)	British LC Championships and or Olympic Trials [Sat 3 rd Mar' to Sat 10 th March] 8 days to Mirror Olympics, venue TBC Olympic Briefing Swimmers and Coaches (11 th)
17/18	29		
24/25	30		
31/1	1		
APRIL 12		National Squad	Junior / Youth & World Class Development
7/8	2		
14/15	3		
21/22	4		
28/29	5	[29 th April to 12 th May) National Squad Camp, Olympic venue if possible or warm weather venue) Required attendance for all National Squad swimmers	
MAY 12		National Squad	Junior / Youth & World Class Development
5/6	6	OWS FINA World Championships and Olympic Qualification Venue and date TBC [29 th April to 12 th May) National Squad Camp, Olympic venue if possible or warm weather venue) Required attendance for all National Squad swimmers	
12/13	7	[29 th April to 12 th May) National Squad Camp, Olympic venue if possible or warm weather venue) Required attendance for all National Squad swimmers	
19/20	8	OWS LEN Cup 1 date and venue TBC Final EJC OWS selection tbc	Coaches Workshop 2 tbc
26/27	9	Final Olympic OWS Qualification TBC Training Available pre British open for the day before Prep Meet 2 British Open [24 th -26 th TBC } TBC TEST EVENT	Training Available pre British open for the day before Prep Meet 2 British Open [24 th -26 th TBC } CLOSED FOR GB SWIMMERS ONLY TEST EVENT

Note: Dates shown are week ending

JUNE 12		National Squad	Junior / Youth & World Class Development
2/3	10		ASA National Youth Championships 28 th May to 1 st June, Venue TBC Dates amended so no Olympic Clash in 2012
9/10	11	Prep Meet – Monaco, Mare Nostrum 3 rd & 4 th Prep Meet – Barcelona, Mare Nostrum 7 th & 8 th Prep Meet – Canet ,Mare Nostrum 10 th & 11 th Mare Nostrum information will be sent to Podium/Development Swimmers for applications to be made	
16/17	12	Prep Meet – Monaco, Mare Nostrum 3 rd & 4 th Prep Meet – Barcelona, Mare Nostrum 7 th & 8 th Prep Meet – Canet ,Mare Nostrum 10 th & 11 th Mare Nostrum information will be sent to Podium/Development Swimmers for applications to be made OWS June date tbc race/ train/ race 2xFrench cup meets: Toulouse & Marseille TBC	OWS June date tbc race/ train/ race 2xFrench cup meets: Toulouse & Marseille TBC
23/24	13	Training pre meet to be available 1 or 2 days TBC ASA Senior LC Championships - Prep meet or Final Olympic Qualification 4 day meet Wed 20 th – Sat 23 rd June – Venue TBC	Training pre meet to be available 1 or 2 days TBC ASA Senior LC Championships - Prep meet or Final Olympic Qualification 4 day meet Wed 20 th – Sat 23 rd June – Venue TBC
30/1	14		
JULY 12		National Squad	Junior / Youth & World Class Development
7/8	15	OWS LEN Cup 3 date and venue TBC	OW European Junior Open Water Championships – tbc
14/15	16	14 th July to Aldershot for BOA Holding Camp processing and Olympic kit 14 th July travel Aldershot to Olympic village for 3 nights [14 th to 17 th] 17 th July to Olympic Holding Camp Mallorca	European Junior Championships venue and date tbc
21/22	17	Travel to British Swimming holding camp venue Pool and OWS [17 th travel day] Holding Camp Mallorca (7 nights) [17 th to 24 th]	
28/29	18	Holding Camp Mallorca (7 nights) [17 th to 24 th] Travel to London [24 th] Final Preparation in Olympic Village [24 th to 27 th] Olympic Games – Pool Swimming [28 th Jul ' to 4 th Aug']	
AUGUST 12		National Squad	Junior / Youth & World Class Development
4/5	19	Olympic Games – Pool Swimming [28 th Jul ' to 4 th Aug']	
11/12	20	Olympic Games – Open Water [9th to 10th Aug]	
18/19		OWS FINA 10K Cup TBC	
25/26		OWS FINA 10K Cup TBC	
SEPTEMBER 12		National Squad	Junior / Youth & World Class Development
1 /2	1		
8/9	2	OWS European Championships TBC	
15/16	3		
22/23	4		
29/30	5		
OCTOBER 12		National Squad	Junior / Youth & World Class Development
6/7	6		
13/14	7	OWS FINA 10K Cup TBC	
20/21	8	OWS FINA 10K Cup TBC	
27/28	9	Annual National Squad Meeting and Coaches briefing, Incorporating the Sports Science & Sports Medicine workshops for National Squad Coaches and SS/SM Staff All Arrive on 26 th , Swimmers depart on 27 th PM Staff depart on 28 th PM Depart Required attendance for all National Squad swimmers/coaches	

Note: Dates shown are week ending

NOVEMBER 12		National Squad	Junior / Youth & World Class Development
3/4	10		
10/11	11	FINA World Cup [Europe] tbc Moscow Stockholm Berlin Dates and venues TBC By Application for World Class Swimmers	FINA World Cup [Europe] tbc Moscow Stockholm Berlin Dates and venues TBC By Application for World Class Swimmers
17/18	12		
24/25	13	European SC Championships 22 nd – 25 th tbc, venue TBC	European SC Championships 22 nd – 25 th tbc, venue TBC
DECEMBER 12		National Squad	Junior / Youth & World Class Development
1/2	14		
8/9	15	Open Water Orientation Day, Loughborough [tbc]	Open Water Orientation Day, Loughborough [tbc]
15/16	16	FINA World Short Course 12 th –16 th venue and TBC	FINA World Short Course 12 th –16 th venue and TBC
22/23	17		
29/30	18		

Note European Open Water Championships in 2012 may be separate to the European LC Championships as in 2012.